

OCTOBER 2026

A free copy for you

Parish News

Levens, Heversham, Milnthorpe



Friendly local resident

Friday Coffee
@ St T's Milnthorpe



10 - 11.30 am



MEN'S BREAKFAST
second Saturday
8.30 am

Saturday 10th Oct
St Thomas' Community Rooms

COFFEE SHOP
at Levens Methodist Church
Everyone Welcome

Mondays 2 - 4 pm

Like a coffee & chat?
also dominoes, cards,
Rummikub or do a jigsaw.
Bring your knitting, sewing
or craft project



Save the date:
NSPCC
Sat 28th Nov
Coffee Morning
in Levens

Village Coffee Time
Third Tuesdays (not in Aug)
20th OCT 10 - 11.30 am
at the Old School, Heversham
along the path from Church

* Everyone Welcome *
coffee pod coffee
& biscuits & chat
No charge, just a donation
A warm welcome - Do call in !

Meet & Eat 12-2pm
at Levens Methodist Hall

Friday 30th October

Leek & Potato Soup
or
Tomato & Red Pepper Soup
Bread Bun
Eaves Pudding & Custard
or Cheese Cake

£5

Please add your name
to the list at Coffee Shop
or phone Susan Beckwith
0779 6561810

Everyone Welcome
Children under school age free



St John's Church
Levens
Christmas Fair
is 5th December



Saturday 7th Nov 7 pm
(not in October)

**Community Rooms
at St Thomas'**

All welcome for
this brain teaser.

Form a team with friends
(max 4 per team)

Bring Your Snacks

£10 per team in aid of

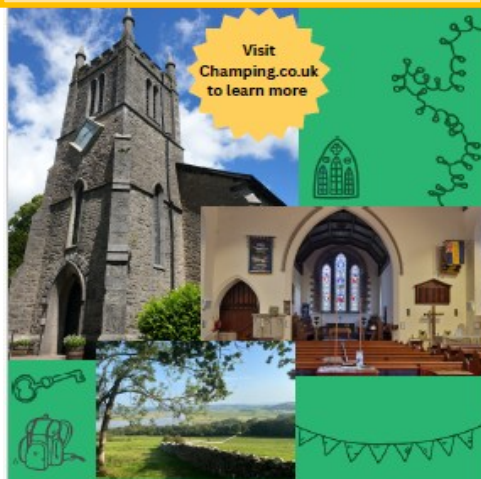
The Building Fund



All Welcome

Champing.co.uk

Champing is staying in a church
- stay overnight in St Thomas' Church
Milnthorpe from just £55 - see website



the HERON theatre
www.theherontheatre.com
Box Office & Room Hire
015395 64283



October

Fri 2nd – Film at The Heron
– Sentimental Value – 7.30pm

Sun 4th – John Lofthouse
– Flanders and Swann – 2.30pm

Fri 9th – Drama – That Knave Raleigh
– Dyad Productions – 7.30pm

Tues 13th – Exhibition on Screen –
James McNeill Whistler – 2pm

Sat 17th – Country Music – Sugarfoot
– 7.30pm

Sat 24th – Drama – Animal Farm –
Sam Blythe
– Guy Masterson Production
7.30pm



Levens Good Neighbours



invite you all to our,



Autumn



AGM and Coffee Morning

at Levens Methodist Church,

on Saturday 17th October 2026

AGM at 10am and Coffee Morning at 10.30am



Homemade Cakes



Plants



Raffle

£2.00 entry - everyone welcome – children FREE

All proceeds will go towards the LGN Community Telephone Helpline



Fitness Dynamics

MIND 🍀 BODY 🍀 WELLNESS

PILATES, STRENGTH, BALANCE & WELLNESS FOR REAL LIFE

FRIENDLY CLASSES FOR ADULTS 40+ • BEGINNERS WELCOME

-  **Restorative Pilates** | Posture • Mobility • Breathing
-  **Balance Strong Pilates** | Strength • Balance • Bone Health
-  **Lift Strong** | Beginner-Friendly • Weights
-  **Dance Strong** | Line Dance • Weights • Fun
-  **Trigger Point Pilates** | Release Tightness • Feel Mobile

Classes in Milnthorpe, Arnside, Silverdale, Heversham, Yealand & more...

All classes also live on Zoom!

📞 **07886 457563** with Sam Horton
🌐 **www.fitnessdynamics.co.uk**



“Knit & Knatter”

welcome you to join
Mondays 10am - noon
in the Community room,
St Thomas' Church
Milnthorpe



Pop in for
a coffee,
come and say hello
whilst we knit or do craft.
All Welcome

FREE PARKING
on Fridays
at the Car park on
Beetham Road
Milnthorpe

Also
EV car charging
points here



LEVENS WARBLERS

invite you to come and join us
second & fourth
MONDAY of the month
between 10.30 am and 12 noon
in Levens Methodist Church Hall
Everyone is very welcome
Singing for fun for those who enjoy
listening or singing
Non-singers are very welcome

♪ Happy Voices ♪ Singing Group

meets every Monday at
Christ the King Church Hall
on Haverflatts Lane, Milnthorpe
from 1.30pm – 3.00pm
Everyone welcome
no experience necessary

£2 a session including refreshments
Ring Lynne Gibbons
07814 709847 for further details

Levens Little Larks

Come and join us for a
sing-a-long together
Tuesdays every fortnight at 10.30 am
See poster in hall for dates
Levens Methodist Church Hall
We welcome all
parents, grandparents, carers
and all pre-school children
cuppa and chat afterwards
£1.50 inc refreshments

HERON CORN MILL

FOODIE FRIDAY

FRIDAY 2ND OCTOBER
1.00PM - 3.00PM

**FREE
ENTRY**



**A MINI-MARKET WITH A RANGE OF
FRESHLY MILLED FLOURS AND OATS,
FRESHLY-BAKED BREADS, STALLS
SELLING SAVOURIES, CAKES AND
QUICHES.**

MILL LANE, BEETHAM, LA7 7PQ

LESTER SIMPSON & BLAIZE

Present a story of the Great War

*"Absolutely excellent.
Incredibly moving, brilliant
music, excellent presentation."
Audience feedback*



A STORY OF THE 'GREAT WAR' TOLD IN SONGS, READINGS AND IMAGES

Standing in Line

Lee, Cpl. Albert Scrimshaw

* 1885, *Melton Mowbray* (GB) - † 1917, *'Mendingham'*, *Proven* (E)

Standing In Line tells the poignant story of the Great War through Albert Scrimshaw, who died at Passchendaele. Blending Lester Simpson's songs with period music, the performance features powerful narration of poems by Owen, Sassoon, and Kipling, enhanced by evocative projected images for a moving, immersive experience.

Levens Village Hall LA8 8NL

Levens Arts & Film Society

Fri 6 November 8:00pm

Tickets: Pay What You Decide £12/£15/£18 | Under 25s £10

Phone 07810 216822

book online www.highlightsnorth.co.uk

No bar - BYO drinks. Coffee & tea available. Raffle.



ARTS COUNCIL
ENGLAND

International
Theatre

f

Instagram icon

Twitter icon

Heversham Bowling Club

DOMINOES NIGHT

With Hotpot Supper
Tickets £13.50



SATURDAY, 17TH OCTOBER AT 7PM
ATHENAEUM, LEASGILL

...RAFFLE...

PLEASE BRING YOUR OWN DRINKS & GLASSES

CONTACT TOM - 015395 62125 OR JOYCE- 015395 62950

It's back by popular demand!

Athenaeum Management Committee
present the return of our ever popular

QUIZ NIGHT

with pie & peas supper & raffle

BYO drinks, nibbles & glasses

**Saturday 3rd
October in the
Athenaeum**



**Doors open
6.15pm
Start 7pm**

Teams of 1-4

Tickets are £15 available from:
Tom 07385 999387

Hilary 07729 305222.

ART FAIR

9 - 11 October 2026



A showcase of over 40 artists
from **Cumbria, North Lancashire**
and the **Yorkshire Dales**



J36 Exhibition Hall, Nr Kendal LA7 7FP
greendoor.org.uk



ARNSIDE AND SILVERDALE **PHOTOGRAPHY** **CLUB**

Every fortnight
THURSDAY
7.30 PM

WEBSITE



www.arnsideandsilverdalephotoclub.co.uk

ARNSIDE EDUCATIONAL
INSTITUTE, LA5 0DF

FANCY GOING ON A CRUISE with a coach pick up in KENDAL?



Fred. Olsen Cruise Lines

Gates Travel

**GROUP
CRUISE**

FLAVOURS OF FRANCE & NORTHERN SPAIN

Gates Travel in Kendal are
running a coach to connect
with this cruise Flavours of
France & Northern Spain

17 Oct 2027 for 9 nights
Sailing from Newcastle

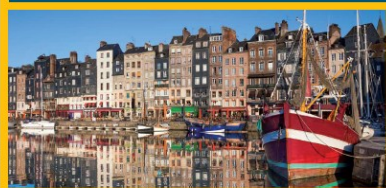


Prices from
£999
per person based
on twin occupancy
of an inside cabin

£50pp
ON BOARD
SPEND

ESCORTED
BY COACH
FROM KENDAL
OR TEBAY*

GRATUITIES
INCLUDED



GIVE US A CALL TO BOOK
or come and see us in Kendal, it
would be great to have you with us
01539 720148
www.gatetravel.co.uk
9 LIBRARY ROAD, KENDAL LA9 4QB



Gatestravel
passion knowledge value

*Cost TBA

Fares are per person, based on twin occupancy of the lead-in twin cabin, subject to availability. Offers may be amended or withdrawn at any time without prior notice, are subject to availability & cannot be applied retrospectively. All bookings are subject to Fred. Olsen's standard terms & conditions, available on their website & on request. Some ports may be at anchor, intermediate days are at sea. FOCL reserves the right to amend itineraries for operational reasons. Additional offers and all inclusive drinks upgrade are subject to full terms & conditions. E&OE.



Mothers' Union Milnthorpe with Heversham

Meetings are open to all.
Please come along and
enjoy friendship and fellowship.

Join Us Join In!

Next Meeting:
Wednesday 7th October
at 2pm
at St Thomas' Church
Milnthorpe

Speaker:
David Taylor - First Responders

Quest

TALKS FOR ALL



Our new season started in September.
The subscription is still just £18 for all 12
talks, including refreshments. Guests £3.
All talks are on Thursdays in the Athenaeum,
Leasgill, starting at 10:00am

8th October: Ron Blackburn
"The Red Squirrel"

22nd October: Steve Barrett
"Unidentified Flying Objects"

12th Nov: Andy Lowe "Lakeland Architecture"

Full programme at www.questcumbria.co.uk

Heversham WI

Second
Wednesday
of the month

theWI
INSPIRING WOMEN

14th Oct at 7.30 pm
Athenaeum, Leasgill
Speaker: Gary Parsons
"Bay Search & Rescue"

Visitors welcome £4

Competition for members:
Acrostic poem from 'Search'

For further info please contact
Maggie Hart by email:
hevershamw.i.24@gmail.com

Plus: our Book Club, Walking
Group, Craft Club, Morning Coffee
Group, Afternoon Coffee Group
& county wide events/meets



INDIE LANE CHRISTMAS MARKET

**Saturday 7th & Sunday 8th
November**

10am - 4pm

Shop with over 75 independent businesses
at our indoor Christmas market



Junction 36 Exhibition Hall
Crooklands, LA7 7NU

FREE ENTRY!



For more information, please contact
Jenny Connor on 07825 414816

www.dignityindementia.org



Woodland Fun – 11am – 12 noon

A different nature themed activity each time.

Monday 12th October - Silverhelm Scout Centre, The Row, Silverdale, LA5 0UG

Creative Moments – 1.00 - 2.30 pm Tuesday 27th October

Join us for our arts and crafts group at Endmoor Village Hall LA8 0HL

Enjoyable Dementia friendly walks - 10.30am start

Wednesday 7th October – Grange prom – meet at Main Street car park LA11 6DY

Wednesday 21st October - Up the Helm in Kendal from lay by in lane opp Station Inn

Supper Club – 6pm A Picnic Thursday 29th October

A monthly meal at a different pub in the area. This month we will be going to The Smithy in Holme. Contact Jenny if you would like to join. Contact Jenny to book

Social Table Tennis – Alternate Weds 14th & 28th October

10.30am-noon at Arnside Educational Institute, Church Hill, Arnside LA50DF

Zoom Poetry Group – 1.30 – 2.30pm Thursday 15th October

The poems are emailed out to everyone and we read them together.

Contact: lesley@dignityindementia.org to get the zoom link

Silverdale Songsters - Dementia Embracing Community Singing Group

at St John's Church Hall, Silverdale LA5 0RF Coffee on arrival & singing popular well known songs **10.30 – 11.30 am every Friday**

Monthly Photography – 11am -12 noon Thursday 8th October

Different location each month - phone for details. We will focus on a different subject to photograph each month with advice given on how to improve our skills.

Bring your own camera or camera phone and a drink.

Walking Rugby Skills - 1-2:30pm Tuesday 13th October

The 'Auld Greys' walking rugby group in Kendal are leading us through a variety of different ball skills activities. Kendal Rugby Club, Shap Rd LA9 6NY

Swimming – 10:30-11:30 Thursday 22nd October

Join us for use of a private pool and a short aqua aerobics session, Holgates Caravan park, Silverdale LA5 0SH. Limited spaces booking essential & a small charge

Monthly Tai Chi 1 - 2pm Tuesday 20th Oct Levens Methodist Church Hall LA8 8NG



The opening event of the
40th anniversary
celebrations of the
**Arnside and Silverdale
Landscape Trust**
will be a

Lecture & Jacob's Join Supper

Yealand Village Hall
on Wednesday 18th November
at 6.30pm

Supper will be followed by a talk on
Climate Change Effects
on Plants and Soil Ecology
by Richard Bardgett,
Professor of Ecology
at Lancaster University

Further events are still at the planning
stage; once finalised, details will be
published on the Trust's website:



Climate change and Nature Recovery:
Composting: Garden Organics
Cumbria Wildlife Trust
Lyth Valley Curlew Recovery
Futureproof Cumbria:
keeping our houses warm
Cumbria Clothing Collective:
reducing waste

Tea/coffee, cake and displays

Monday 5th October: 7.30 pm
in Levens Methodist Church



For more information or to book a place on one
of our activities, please contact our Admin Team on
01539 728118 or email: admin@ageuksouthcumbria.org.uk



Levens

Every Wednesday 10:30 – 11.30am
Levens Methodist Church, Lowgate, Levens, LA8 8NL

Milnthorpe

Every Tuesday 10:30 – 11.30am
Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS
Please call first if you are interested in the Milnthorpe class



Levens

Fourth Tuesday of the month 12:30pm
The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

Beetham

Third Thursday of the month meet at 12.15pm
The Wheatsheaf at Beetham, Milnthorpe, LA7 7AL

Natland

Third Tuesday of the month meet at 12.00pm
The Punch Bowl, Barrows Green, LA8 0AA



Over 50's Walking Cricket

Walking Cricket is a slower version of the game, designed
so that anyone can take part.
Every Monday 2:00pm–3:30pm (Change of venue)
Heversham Sports Hall, Dallam Boarding House, LA7 7EW



TATTERSALLS ALMSHOUSE

Milnthorpe – A Brief History

What is an Almshouse?

An Almshouse is a low cost, self-sufficient charitable housing unit that can be found in most towns and cities across England. They were established in 10th century Britain for people in the local communities with particular requirements. Nowadays, it is used as a social housing establishment for local persons that meet a certain criteria; mainly those of little or no income, no younger than 50 years of age and importantly a person who is capable of independent living.

Tattersall Almshouses, located on Church Street in Milnthorpe, was gifted to the community by William Tattersall of St Anthony and has a rich history dating back to 1884. The buildings on the outside are still as they were when constructed all those years ago, with some work done over the years to maintain the integrity of the buildings. The inside of the building have been decorated over the years to ensure that the homes are suitable, and meet updated building regulations. The Almshouses in Milnthorpe, has served many purposes to the local community as a workhouse and a cinema to name a few. The property, which has 6 houses, now provides accommodation to local residents, with access to local amenities, a bustling village and 555 bus route to Lancaster, Kendal and the Lakes.

Each resident provides a contribution towards their individual home which ensures the property is well maintained.

Whilst all the houses in Milnthorpe are currently occupied, if and when they do come available, it is usually advertised within the local community. The Tattersalls Almshouse runs as a charity organisation with a board of 6 Trustees who belong to the local community and ensures the residence and charity meet the requirements which enables the property to be maintained and protected for the local community.

If you would like further details with regards to the Almshouse Charity please see www.almshouses.org.





South Lakes

**I've heard about
plug-in solar
panels that can sit
on my balcony or
in my garden – are they really worth it?**

Plug-in solar panels can help lower your energy bills by generating your own electricity. While they produce less power than traditional panels, plug-in kits are a much cheaper upfront alternative. You can only have one per household but they can work well for renters and those living in flats with outdoor spaces. The government estimates you could save up to £110 a year on your energy bills.

But your actual savings will depend on how you position your panel, any shading that might block the sun, and if you have the flexibility to use appliances during the day. And you have to use it or lose it. The current rules mean you can't store electricity in a battery and you can't get paid for any unused power generated by your kit. Check with your landlord or local council to see if you need their permission (read the manufacturer guidance). Make sure you have an all-in-one kit with a 3-pin UK plug and a UKCA (UK Conformity Assessed) mark. Never plug into an extension lead. It's very important that you register your kit with your electricity network company. They provide the wires to your home and are different from the company you pay your bills to. Instructions on how to register are included in the Energy Saving Trust's guidance for essential safety and installation advice (available online).

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

New opening hours:

Tuesday - Drop in at Wainwright's Yard, Kendal 10am - 1pm, last client at 12.45

Wednesday - Pre-booked appointments

Thursday - Pre-booked appointments

Adviceline: 0808 278 7984

Consumer Helpline: 0808 223 1133

Universal Credit Helpline: 0800 328 5644



MANNA HOUSE



The Queen's Award
for Voluntary Service

Most of us know of Manna House, a homeless-prevention charity in Kendal that serves over 7,000 free lunches a year, holds over 700 housing and benefits appointments and engages in over a thousand one-to-one support sessions, plugging the gaps left by mainstream health and social care services.

However, like many charities nowadays, Manna House is in severe financial crisis, having to support an ever-increasing number of homeless people. It now has to cut staff hours for the first time in 15 years, resulting in reduced services, fewer people supported and more crises coming to boiling point.

Please consider supporting Manna House. Explore the website, to find out more about Manna House.

www.manna-house.org.uk

See what you can donate at <https://www.manna-house.org.uk/donate-to-manna-house/>

You can send a monetary donation at https://www.paypal.com/donate/?hosted_button_id=YCVJWU6PDTGHQ

Thank you

Prayer:

Almighty and everlasting God,
you have given us the fruits of the earth
in their season.

Teach us to remember that we do not
live by bread alone
and grant us to feed on him
who is the true bread from heaven,
Jesus Christ our Lord,
to whom with you and the Holy Spirit,
be all honour and glory, for evermore.
Amen

*Thanksgiving for Harvest
Alternative Prayer Book*

of the Church of Ireland, 1984

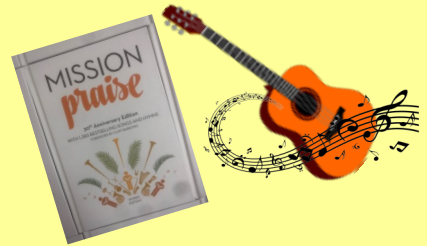
Singing Praise & Prayer

The Old School, Heversham
next to St Peter's Church
Third Sunday

Sunday 18th October

New time 2 pm

all very welcome



REST & RESET

Christian meditation
A moment to press pause II

St James Church Arnside

6:15 - 7:00PM



Contact revhannahwallace@gmail.com 01524 449 035

REST & RESTORE

A time of prayer for healing & wholeness

St James Church Arnside

6:15 - 7:00PM



STORY TIME

With Bryan

in St Thomas' Community Rooms

Every first and third

TUESDAY

(during term time)

3.15 - 4.15 pm

6th & 20th
Oct



KIDS!

Come and listen
to a story...

Parents,
Grandparents
and Carers ...
come and enjoy
a cuppa and a
biscuit while the
kids have fun!

*Be great to
see you!*

Email: rev@lhmparishes.co.uk
Tel 015395 61448



Dear Friends,

Saint Paul writes to his friend Timothy in one of the final letters in the New Testament: 'For everything God created is good, and nothing is to be rejected if it is received with thanksgiving.' 1 Timothy 4.14.

God created all things, our tastebuds as well as the food we need. Not only is food a necessity, it is there for our pleasure. Fruit, vegetables, and meat, and our ability to transform them into a delicious menu, all come as good gifts from a generous Creator, to be relished and enjoyed.

Harvest Thanksgiving is a focused time for that activity we ought to be doing every day: thanking the Giver for his gifts. A daily personal challenge is to honour God is the Giver of all good things, to see God through what he has made.

This kind of thankfulness is about seeing more deeply, seeing with understanding. We don't merely see what God created, but we recognise him through what he's created. The poet and clergyman George Herbert wrote in 1633:

Teach me, my God and King, In all things Thee to see,
And what I do in anything, To do it as for Thee. . . .
A man that looks on glass, On it may stay his eye;
Or if he pleaseth, through it pass, And then the heav'n espy.

Thanksgiving is akin to looking at everything as if you are looking at a window. You can look at it and see merely the pane and frame or, even better, you can look *through* it. Consider something you're thankful for. Imagine it in your mind. Now look through it to see the Giver behind it.

All the various gifts we enjoy from God serve as signposts to the ultimate gift from God, Jesus Christ who loved us and gave himself up for us. We look through the gifts to see the Gift.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

HARVEST THANKS

Levens: Last Sunday in September

27th Sept HARVEST at St John's 9.45 am
& Methodist Church Faith@Four 4pm
followed by HARVEST tea

Milnthorpe: First Sunday in October

4th Oct at St Thomas' Church Milnthorpe

Heversham: Second Sunday in October

Saturday 10th Oct
Decorating Church for Harvest
2-3.30 pm
An Event for all the Family

11th Oct St Peter's Church Heversham 9.30am

St Thomas' Church



Harvest Festival

Morning Praise,
11:15am, 4th October

Donations to the
Bishop's Harvest for the Hungry

Everyone is welcome

Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

Friday Mass celebrated at 10 am

Find on YouTube channel
and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com

CHILDREN'S SUNDAY SCHOOL St Thomas', Milnthorpe

There are quiet activities during
church services in the children's
corner of church

Sunday School - 18th October

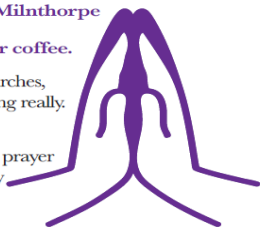


Come and PRAY

at St Thomas' Church, Milnthorpe
for 20-30 minutes
12 noon, on Fridays after coffee.

Praying for our villages, churches,
wider world issues ... anything really.

You are welcome to bring a prayer
of your own to read, to pray
silently, or speak what's
on your mind.



God doesn't mind...
He listens.

Phillipians 4. 6 ~ 7

*"Don't worry about anything,
but in everything, by prayer and supplication
with thanksgiving,
let your requests be made known to God..."*

Levens Methodist Church

now registered for the solemnization
of marriages between a man & a
woman and for the solemnization of
marriages of same sex couples.

Please contact 01524 963716

tiras.ds@methodist.org.uk

The Revd Tiras Dainty-Share



Levens Methodist Church

Revd Tiras Dainty-Share 01524 963716

Email: tiras.ds@methodist.org.uk

4th – Rev. Richard Bielby
with Holy Communion

11th – Rev. Jeff Thomas

18th – Mrs. Joan Jackson

25th – Faith @ Four (4pm)

Faith

@ Four



A time of reflective
worship with prayer,
Scripture, music &
space to recharge. **25th OCT**

.& Harvest Tea with a Songs of
Praise at 4pm on 27th Sept
Levens Methodist Church

Every Fourth Sunday

@ 4pm

Sunday Morning Services at Parish Churches - All Welcome

8.00 am Holy Communion (BCP)

St Thomas' Milnthorpe
4th & 18th Oct

St Peter's Heversham
11th & 25th Oct

9.30 am St Peter's Heversham

4th Parish Communion
11th HARVEST THANKSGIVING
18th Parish Communion
25th Morning Praise

9.45 am St John's Levens

4th Parish Communion
11th at Levens Methodist Church
18th Parish Communion
25th Morning Praise

11.15 am St Thomas' Milnthorpe

4th HARVEST THANKSGIVING
11th Parish Communion
18th Morning Praise
25th Parish Communion

Food Bank ~

The Food Bank Trolley is in St Thomas', and a box in St Peter's, for collection of harvest gifts.

We welcome tinned meats, cereal, tinned fruit, pasta, rice, pasta sauces, coffee, washing powder, toilet rolls, toiletries

Thank you for your support.

For more info, visit the Milnthorpe and Area Food Bank website at

<http://www.milnthorpefoodbank.org/>.



Sunday November 1st
St John's Levens 3.30 pm
Annual Service of
Thanksgiving &
Remembrance
to remember our
loved ones



All Welcome to
Monthly Afternoon Holy Communion
followed by tea and cakes

Thursday 15th October 2.00 pm
at St Thomas' Church, Milnthorpe



Christians Together in Levens CTIL
Communion

Tuesday 27th September at 2.30 pm
Levens Methodist Church

Local Area Food banks
please donate if you can

**Collection boxes in Spar and Churches
in Milnthorpe and Heversham
for Milnthorpe Area Food Bank;
www.milnthorpefoodbank.org**

**Collection Boxes in
St John's Church Levens and
Levens Methodist Church for
King's Food Bank, Kendal**

**Trolley in Booths Milnthorpe for
Lancaster and Morecambe Food Bank.**

What's the latest?



www.stthomasmilnthorpe.org.uk
&

www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

For regular email updates for St John's Church [Levens](#) please email:

jill.butterworth54@btinternet.com

www.heversham.org has an archive of Parish News

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News <https://www.levens.org.uk/st-johns-church>

[Milnthorpe What's Going On](#)

page on Facebook to catch up with what is going on !

And **KEY** weekly Youth Activities post on this page

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,
every single day
www.samaritans.org

To view the Parish News online:

stthomasmilnthorpe.org.uk/publications/

Next issue - print & online
NOVEMBER 2026

Please email info by **10th Oct**

**Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.*

To the best knowledge of the Editorial Team all info is correct at time of going to press 16.9.26

Note to Advertisers: Invoices are posted out or hand delivered. unless email specifically requested.

We NEVER email out a form for you to pay via a website please be SPAM aware

If unsure phone 01539564582 or email parishnews@heversham.org

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

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Priest-in-charge of Levens, Heversham & Milnthorpe

The Reverend Bryan Kerr Email: rev@lhmparishes.co.uk Tel **015395 61448**

Also the contact details for a pastoral phone call for you or someone you know

Churchwardens

Levens: St John's

Mr Hal Bagot 60588

Mrs Jill Butterworth
015395 61676

Milnthorpe: St Thomas'

Dr Val Robson
07885 318613

Mr John Ricketts
01524 761076

Heversham: St Peter's

Contact person:
Mrs Jane Fell
Email:
janefell12@gmail.com

PCC Secretaries:

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015395 83183

Frances Taylor
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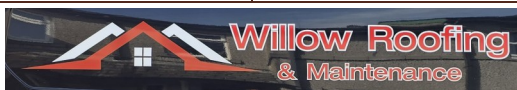
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