

JUNE 2026

A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



Aquilegia (Granny's Bonnets)  
outside the Old School, Heversham

# Friday Coffee @ St T's



Milnthorpe  
10 - 11.30 am



## COFFEE SHOP

at Levens Methodist Church

Everyone Welcome

Mondays 2 - 4 pm

Like a coffee & chat?  
please join us  
also dominoes, cards,  
Rummikub or do a jigsaw.  
or bring your knitting, sewing or  
craft project and have a natter.

Village Coffee Time

Third Tuesdays

10 - 11.30 am

16th June

at the Old School, Heversham  
(along the path from  
St Peter's Church)

\* Everyone Welcome \*  
coffee pod coffee!  
& biscuits & chat

No charge, just a donation  
A warm welcome - Do call in !

## Plumtree Hall, Heversham

You're welcome to  
Pop in for Coffee  
first Tuesday every month  
2nd June  
10.00 – 11.30 am

**MEN'S BREAKFAST**  
second Saturday  
8.30 am

**Saturday 13th June**  
St Thomas' Community Rooms  
Milnthorpe



## "Knit & Knatter"

welcome you to join  
Mondays 10am - noon  
in the Community room,  
St Thomas' Church  
Milnthorpe

**Meet & Eat 12-2pm**  
at Levens Methodist Hall  
is taking a break in June  
and returns in July



Pop in for a  
coffee,  
come and  
say hello  
whilst we knit  
or do craft.  
All Welcome

## WALKING THE PILGRIM WAY

A spiritual 'footprint', a touch of history,  
a breath of fresh air

Join a 'pilgrimage experience' walk on the Kent Estuary Pilgrim Way. Make of it what you will: a chance to look and listen, to reflect on the past and the present and on the beauty of the landscape, or just a short afternoon social walk with others. Family- friendly: children and dogs are welcome.

**Sunday 21<sup>st</sup> June:** Levens Methodist Church to St Peter's Heversham

**Sunday 19<sup>th</sup> July:** St. Peter's Heversham to St. Thomas' Milnthorpe

**Sunday 16<sup>th</sup> August:** St. Thomas' Milnthorpe to St. Michael & All Angels Beetham

**All walks start at 2pm**

Return transport can be arranged.

Copies of 'The Kent Estuary Pilgrim Way' are available in the local churches, price £6



**Saturday 6th June** 7 pm

Community Rooms  
at St Thomas'

All welcome for  
this brain teaser.

Form a team with friends  
(max 4 per team)

Bring Your Snacks

£10 per team in aid of

**The Building Fund**



All Welcome

## TUESDAY CLUB at LEVENS VILLAGE HALL



Free for Members    Visitors welcome £4  
Raffle    Tea/coffee & Home made cakes

## LEVENS WARBLERS

**invite you to come and join us**  
second & fourth

MONDAY of the month

May 11th and 25th

**between 10.30 am and 12 noon**  
**in Levens Methodist Church Hall**

Everyone is very welcome

Singing for fun for those who enjoy  
listening or singing

Non-singers are very welcome

## ♪ Happy Voices ♪ Singing Group

meets every Monday at  
Christ the King Church Hall  
on Haverflatts Lane, Milnthorpe  
from 1.30pm – 3.00pm

Everyone welcome  
no experience necessary

£2 a session including refreshments  
Ring Lynne Gibbons  
07814 709847 for further details

## Levens Little Larks

Come and join us for a  
sing-a-long together  
Tuesdays every fortnight at 10.30 am  
See poster in hall for dates  
Levens Methodist Church Hall

We welcome all  
parents, grandparents, carers  
and all pre-school children

**cuppa and chat afterwards**  
**£1.50 inc refreshments**



# HARMONY HALL CHARITY GARDEN PARTY

SATURDAY **06** JUNE 2026

**BETWEEN 14:00 & 18:00**  
Milnthorpe, LA7 7QE

Harmony Hall is hosting a Charity Garden Party in support of *Beep Doctors* and *Saving the Rainforest*.

Enjoy a bar, live music, BBQ, cakes, and ice cream, with 100% of donations going to these two great causes.

*Come along!*



The 2026



# MILNTHORPE Mid-Summer Fete

**1.00 - 5.00pm**  
**Saturday 20th June**

*Milnthorpe Playing Fields*

*Refreshments*  
*Fancy Dress*  
*Children's Sports*  
*Craft stalls*  
*and much more...!*



*A big thank you to our 2025 sponsors*  
Milnthorpe Parish Council  
Rivers And Roads  
Carnforth Carpets  
Crosslands Hotel  
BPS Roofing  
Clocktower  
Aesthetics by Sarah  
and donations from  
Corinthians West Raffle  
Mr & Mrs Wilson

# SILVERDALE & ARNSIDE ARTS FESTIVAL

**27 - 28  
JUNE  
2026**  
10AM-5PM

Over 80 artists and makers, pop up cafes and special events

**FREE  
ADMISSION**

**EXHIBITIONS**  
**MEET THE ARTISTS**  
**SHOP LOCAL**  
**SPECIAL EVENTS**  
**POP-UP CAFES**

Visit the website for map, venue opening times and events



[silverdale-arnside-art-festival.co.uk](http://silverdale-arnside-art-festival.co.uk)



**Levens Art Trail and Exhibition 2026**

Saturday 27<sup>th</sup> & Sunday 28<sup>th</sup> June  
10:30am to 4:00pm

**Art Trail Catalogue and Map, £3**

Available from 6<sup>th</sup> June at Levens Village Shop and during the Trail from Levens Methodist Church



# HEVERSHAM VILLAGE SPORTS DAY

Saturday 27th of June 2026 1-4PM

@Tristrams Sports Field

Fancy Dress- 6 & under, 7 & over and group categories

Traditional Village Sports (prizes) including  
Adults Village Challenge  
Free to enter all activities  
Cakes and refreshments

All welcome, children and grandchildren age  
0-15 from Heversham and surrounding area  
as well as those attending local schools

Use QR code for registration ahead  
(or on the day)



More info: Gerry Richards  
07990518366



# Heversham Pop up Pub & Village BBQ

Sat 27th JUNE

5.30pm - 11.00pm

The Athenaeum

# Levens *•••* BIG *•••* Day

Saturday 4th July *at Levens Playing Field*

Vintage Tea Party

10am - 12 noon

*Tickets available on the day & at Levens Village Shop*

*•••* Levens Marquee Dance *•••*

*Live Music from...* Abbey Road

From 7pm

*Tickets available from Levens Village Shop*

Saturday 27th & Sunday 28th June

Levens Art Trail & Exhibition

10.30am - 4pm

*Maps available from Levens Village Shop from 6th June*

For more information, please contact

Jenny Connor on 07825 414816

[www.dignityindementia.org](http://www.dignityindementia.org)



**Monthly Tai Chi - 1pm – 2pm Tuesday 16th June**

Levens Methodist Church Hall, Lowgate, Levens, LA8 8NG

**Woodland Fun – 11am – 12 noon Monday 8th June**

A different nature themed activity each time. Silverhelm Scout Centre, The Row, Silverdale, LA5 0UG

**Crown Green Bowling – 2pm – 3:30pm Tuesdays 2nd & 23rd June**

Silverdale Bowling Club., Cove Road, Silverdale LA5 0RR

**Creative Moments – 1.00 - 2.30 pm Tuesday 30th June**

Join us for our arts and crafts group at Endmoor Village Hall LA8 0HL

**Enjoyable Dementia friendly walks - 10.30am start**

**Wednesday 3<sup>rd</sup> June** – Arnside Knott from the National Trust car park, LA5 0BP

**Wednesday 17<sup>th</sup> June** – Cartmel racecourse LA11 6QF

**Supper Club – 6pm Thursday 25th June**

A monthly meal at a different pub or restaurant in the local area. Contact Jenny for details if you would like to join us.

**Social Table Tennis – 10.30am-noon Alternate Weds 10th & 24th June**

at Arnside Educational Institute, Church Hill, Arnside LA50DF

**Zoom Poetry Group – 1.30 – 2.30pm Thursday 18th June**

The poems are emailed out to everyone and we read them together.

Contact: [lesley@dignityindementia.org](mailto:lesley@dignityindementia.org) to get the zoom link

**Silverdale Songsters - Dementia Embracing Community Singing Group**

Coffee on arrival & singing popular well known songs

**Every Friday 10.30 – 11.30 am** at St John's Church Hall, Silverdale LA5 0RF

**Monthly Photography – 11am -12 noon Thursday 18th June**

Different location each month - phone for details. We will focus on a different subject to photograph each month with advice given on how to improve our skills.

Bring your own camera or camera phone and a drink.

**Walking rugby skills - 1-2:30pm Tuesday 9<sup>th</sup> June**

The 'Auld Greys' walking rugby group in Kendal are leading us through a variety of different ball skills activities. Kendal Rugby Club, Shap Rd LA9 6NY

**NEW**

**Swimming – 10:30-11:30 Thursday 25<sup>th</sup> June**

Join us for use of a private pool and a short aqua aerobics session, Holgates Caravan park, Silverdale LA5 0SH. Limited spaces so places need to be booked and there is a small charge for this activity.

**NEW**

## Adult Learning

### Android Smartphone for Beginners



**Learn To Use Your Smartphone!**

Thursday 4<sup>th</sup> June

1.00 – 3.00pm, 3 weeks

St. Thomas Church, Milnthorpe

FREE

To book a place, call or email:  
Or: 01539 713257 or 07966116905

Or: email:

[Kendaladultlearning@westmorlandandfurness.gov.uk](mailto:Kendaladultlearning@westmorlandandfurness.gov.uk)



## Music from the Movies



Heversham Handbell Ringers and Singers present popular themes and songs from the world of cinema.

On: Thursday 2<sup>nd</sup> July, 2.30 pm

At: The Athenaeum, Leasgill

Light refreshments and raffle  
Tickets: £10 (cash only)

from Hilary tel:07729305222 or  
e-mail: leasgillvillagehall@gmail.com

Profits in aid of Athenaeum (Leasgill Village Hall) refurbishments

 South Cumbria  
**ageUK**  
Let's change how we age

For more information or to book a place on one of our activities, please contact our Admin Team on 01539 728118 or email: [admin@ageuksouthcumbria.org.uk](mailto:admin@ageuksouthcumbria.org.uk)

### Gentle Exercise Classes



**Levens**  
Every Wednesday 10:30 – 11.30am  
Levens Methodist Church , Lowgate, Levens, LA8 8NL

**Milnthorpe**  
Every Tuesday 10:30 – 11.30am  
Catholic Church Hall, Haverflatts Lane, Milnthorpe, LA7 7PS  
Please call first if you are interested in the Milnthorpe class

### Lunch Clubs



**Levens**  
Fourth Tuesday of the month 12:30pm  
The Gilpin Bridge Inn, Bridge End, Levens, LA8 8EP

**Beetham**  
Third Thursday of the month meet at 12.15pm  
The Wheatsheaf at Beetham, Milnthorpe, LA7 7AL

**Natland**  
Third Tuesday of the month meet at 12.00pm  
The Punch Bowl, Barrows Green, LA8 0AA

### Walking Cricket



**Over 50's Walking Cricket**  
Walking Cricket is a slower version of the game, designed so that anyone can take part.  
Every Monday 2:00pm-3:30pm (Change of venue)  
Netherfield cricket club, Parkside Road, Kendal, LA9 7BL

**Mothers' Union  
Milnthorpe with Heversham**

Meetings are open to all.  
Please come along and  
enjoy friendship and fellowship.

**Join Us Join In!**

  
Celebrating  
**FOUR-TEA**  
YEARS



**We are hosting a  
'Four Tea Party'  
in support of  
40<sup>th</sup> Anniversary  
of**



**Wednesday 3rd June 2 - 4 pm**

**Cream Tea £5**

**at Tidal Views, Woodhouse Lane,  
Heversham LA7 7EW**

**£2 Bring and Buy Bargain Basement  
Items to be worth at least £2  
– all sales £2**

\* \* \* \* \*

Wednesday June 17th  
Away Day to Conishead Priory, Ulverston

Wednesday 1st July at 2pm  
MU Annual Service  
at St Peter's Church, Heversham



**the HERON theatre**  
www.theherontheatre.com  
Box Office & Room Hire  
**015395 64283**



**JUNE**

**Friday 5<sup>th</sup> – Film –7.30pm**  
**The Ballad of Wallis Island**

**Sunday 7<sup>th</sup> – South Lakes Acapella &  
Maelstrom Male Voice  
Choir – 2.30pm**

**Friday 12<sup>th</sup> – Drama –7.30pm - Fake –  
Magician and storyteller  
Chris Cook**

**Friday 19<sup>th</sup> – Film - 7.30pm**  
**I'm Still Here**

**Saturday 20<sup>th</sup> – 7.30pm - KEDU**  
**West African inspired jazz**

**HERON 25<sup>TH</sup> ANNIVERSARY Weekend**

**Friday 26<sup>th</sup> - Film Night - 2 Films 7pm**  
**More than a Match  
plus AMELIE**

**Sat 27<sup>th</sup> - Family shadow theatre show-**  
**Gaby Gulliver's Travels**  
**11am & 2pm**

**Sat 27<sup>th</sup> – The Flight of The Heron in**  
**Two Acts 7.30pm**  
**Act One – The Company**  
**Act Two – Michael Lunts**

**Sunday 28<sup>th</sup> – Open Day at The Heron –**  
**12pm till 5pm**

**Event 1 – Eberle String Trio – Classical**

**Event 2 – Burnt Horse – Folk**

**Event 3 – 25 Years at The Heron –  
Speeches and Cake**

**Event 4 – Second performance of  
The Flight of The Heron**

**Event 5 – POVO – Jazz fusion**

**See website for full details**

**“I bought a jacket online and when it arrived it looked nothing like the images shown. The company said if I want a refund I must pay to ship it to an address in China, but the website claimed the brand was UK-based. Is this a scam: how do I avoid it in future?”**

This is a really frustrating situation and unfortunately it's very common. It's a type of retail scam where companies pretend they're based in the UK using fake brand names and UK websites or postal addresses. What they actually do, as in your case, is ship low-quality items from overseas. Shoppers are then asked to fork out for expensive international shipping fees if they want their money back. Understandably, many people don't bother. When sellers are based overseas, UK consumer laws are far harder to enforce, so it can be difficult to recover your money.

There are a few steps you can take to help you avoid these scams. Research companies before buying - check online reviews. Watch out for too-good-to-be-true prices, be especially alert to targeted shopping adverts in your social media feeds, and check if images look as though they were created by AI. Also check the company's website delivery information – overseas stores take much longer.

If you paid by debit card, ask your bank to use the 'chargeback scheme'. If you paid by credit card and the item cost less than £100, you can ask to use the same scheme. If it cost between £100 and £30,000, tell your credit card company you want to make a 'section 75' claim.

The Competition and Markets Authority (CMA) has the legal power to enforce UK consumer laws against traders based abroad, but they rely on people reporting it. The Citizens Advice Consumer Service can offer support with individual situations. You can also report an advert you think is a scam to the Advertising Standards Agency.

**Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. New opening hours:**

**Tuesday - Drop in at Wainwright's Yard, Kendal 10am - 1pm, last client at 12.45**

**Wednesday - Pre-booked appointments**

**Thursday - Pre-booked appointments**

**Adviceline: 0808 278 7984**

**Consumer Helpline: 0808 223 1133**

**Universal Credit Helpline: 0800 328 5644**



## NSPCC

This year the NSPCC are celebrating 40 years of Childline. We would like to thank all those who have supported and contributed their help with our events in Levens.

Special thanks to Vannesa for organising the Curry & Quiz evening. Other fundraising included the evening talk with Ladies of Levens, sale of the Easter chicks and kind donations received. A total of £1029.13 has been raised for this NSPCC special occasion.

**'Every Childhood is worth fighting for'**

Hincaster Trailway Group AGM  
Wednesday 24th June at 7pm  
Athenaeum Leasgill  
All Welcome



**FREE PARKING**  
on Fridays  
at the Car park  
on  
Beetham Road  
Milnthorpe

Also EV car  
charging points  
here



# The Cross Bay Half-Marathon

## Will you beat the Bay?

**Saturday 4th July 2026**

Arnside Promenade to Cark Airfield, Flookburgh | 9am start



Scan here for more information or visit:  
[www.cancercares.org.uk/news-and-events/calendar](http://www.cancercares.org.uk/news-and-events/calendar)

Photo credit: James Kirby

**CancerCare**

Registered Charity Number: 1120048



# JOIN FITNESS DYNAMICS

with Sam Horton

Classes:

- **Restorative Pilates** (Breathwork, Posture & Mobility)
- **Lift Strong** (Resilience for Mid-life Wellness)
- **Dance Strong** (Salsa, Linedance & Weights)



## Fitness Dynamics

MIND 🌿 BODY 🌿 WELLNESS

Classes in Milnthorpe, Arnside, Silverdale, Heversham & more... All classes also online on Zoom!

📞 07886457563

🌐 [www.fitnessdynamics.co.uk](http://www.fitnessdynamics.co.uk)



# TRY OUR YOUTH CLUBS!



## TUESDAYS

LEVENS 11-14YRS  
 4.45-6.45PM  
 @LEVENS VILLAGE HALL

## WEDNESDAYS

MILNTHORPE 11-14YRS  
 3.30-5.30PM  
 @CHRIST THE KING

MILNTHORPE 14-16YRS  
 7-9PM @ST THOMAS'

## THURSDAYS

STORTH 11-14YRS  
 3.30-5.30PM @HERON HALL

MILNTHORPE 17YRS+  
 7-9PM@CHRIST THE KING

## FRIDAYS

ARNSIDE  
 11-14YRS 6-7.30PM  
 14-16YRS 7.45-9.30PM  
 @EDUCATIONAL INSTITUTE

EMAIL [INFO@KEYPROJECTCUMBRIA.ONMICROSOFT.COM](mailto:INFO@KEYPROJECTCUMBRIA.ONMICROSOFT.COM)

# STORY TIME

With Bryan

in St Thomas' Community Rooms

Every first and third TUESDAY (during term time)

3.15 - 4.15 pm

2nd & 16th June

## KIDS!

Come and listen to a story...

Parents, Grandparents and Carers ... come and enjoy a cuppa and a biscuit while the kids have fun!

*Be great to see you!*





K Shoes Male Voice Choir

Musical Director: Michael Sanderson

## Summer Concert

A varied programme of male voice harmonies.

**Brigsteer Village Hall**

Friday 26<sup>th</sup> June

7:30pm

Light refreshments and raffle.

Tickets £10 (U16s £5) available from:  
Choir members, on the door, or via  
the QR code below.



## Heversham WI



Second Wednesday  
of the month

10<sup>th</sup> June at 7.30 pm

Athenaeum, Leasgill

A Demonstration of Flower Arranging  
by Joan Bentley

Competition for members: a single rose

Visitors welcome £4

For further info please contact

Maggie Hart by email:

hevershamw.i.24@gmail.com

“Is WI just a monthly meeting?” “Not at all!”

In addition to the monthly evening meeting Heversham WI has a Book Group, Art & Craft Group, Morning Coffee Group, Walking Group, Annual Summer Day Out, and also joins with the local Wis for Quizzes and social events. Also a wide range of events organised by the county.

## HERITAGE WALKS!

5<sup>TH</sup> JUNE - 3<sup>RD</sup> JULY - 7<sup>TH</sup> AUGUST -  
4<sup>TH</sup> SEPTEMBER

10:30AM - 12:30PM

ADULTS £4.50 CHILDREN FREE

Whilst urgent repairs to the mill launder take place, you are invited to join Iain on these fascinating walks through the local landscapes, listen to stories filled with knowledge, myth and folklore!

Medium terrain, good footwear a must.

You will arrive back at the barn for Foodie Friday, in time to buy fresh bread, cakes and other goodies!

BOOKING ESSENTIAL: 01539 564271 / INFO@HERONMILL.ORG  
WWW.HERONMILL.ORG



## HERON CORN MILL

# FOODIE FRIDAY

FRIDAY 5<sup>TH</sup> JUNE

1.00PM - 3.00PM

FREE ENTRY



A MINI-MARKET WITH A RANGE OF  
FRESHLY MILLED FLOURS AND OATS,  
FRESHLY-BAKED BREADS, STALLS  
SELLING SAVOURIES, CAKES AND  
QUICHES.

MILL LANE, BEETHAM, LA7 7PQ

## A Prayer for this Month

### Prayer for All Taking Examinations

written by *Christopher Idle*

We remember before you, O God of truth, all who are now facing examinations especially those known to us and those who know you. Grant that they may readily remember all that they have honestly learned and may give a true account of their ability, Whatever may depend upon the results, help them to give their future willingly and trustfully to you; through Jesus Christ our Lord. Amen



Thank you for all your kind donations to Christian Aid during Christian Aid week

The Quiz night raised £103.00 , the Friday morning Cake stall raised £205 74 in cash donations, and donations from Christian Aid envelopes raised a further £1,424.54 making the total raised in Milnthorpe for Christian Aid £1,733.28

In Levens, Christian Aid envelopes are still coming in, so cannot give a total just yet. Thank you to all who have donated, to all who delivered envelopes and to Vanessa and all at Levens Shop.

*Thank you*

The image shows two posters for church events. The top poster is for "REST & RESET" Christian meditation, held at St James Church Arnside on Tuesdays from 6:15 to 7:00 PM. It features a calendar for January, March, May, and July. The bottom poster is for "REST & RESTORE" a time of prayer for healing and wholeness, also at St James Church Arnside on Tuesdays from 6:15 to 7:00 PM. It features a calendar for February, April, and June. Both posters include contact information for Rev Hannah Wallace and the Arnside Christian Together logo.

## Singing Praise & Prayer

The Old School, Heversham  
next to St Peter's Church  
Third Sunday

Sunday 21st June

6 pm

all very welcome



Email: rev@lhmparishes.co.uk  
Tel 015395 61448



Dear Friends,

It was a proud moment in the parish of Old Aylesford, Hampshire in the summer of 1876. The church minister (Rector) and his wife were celebrating the birth of their first grandchild. Mary, the proud grandmother, thought back to when she first became a mother, and of the challenges of motherhood now faced by her daughter.

“Wouldn’t it be useful if there were a group in the parish to provide help, support and wisdom through the challenges of family life?” wondered Mary. During that summer 150 years ago, she invited people to meet in the Rectory for such a purpose. Alas, when the time came, Mary was too nervous to speak at the first meeting, and so her husband stepped in to provide a talk on the importance of Christian teaching in the home. Happily, Mary found her voice at the next meeting, and this group continued for nine years.

This might simply appear to be a quaint story of Victorian parish life. However, in 1885 Mary addressed the national Church Congress and focused on the two core ideas of her group: parents being a good example to children, and prayer being central to the life of the family. This pattern was adopted by parishes across the British Isles and beyond. Within a year such groups were operating in four continents.

Mary the tongue-tied proud grandmother was Mary Sumner, and the group she inspired was the Mothers’ Union. It still exists to serve and strengthen family life. The Milnthorpe and Heversham branches meet monthly and members join them from a wider area locally.

Lest you think that we have moved from a cozy Victorian story to a cozy church meeting, it is worth considering some of the uncozy challenges the Mothers’ Union undertakes: campaigning against violence against women and the trafficking of women, promoting literacy and development, as well as core areas like parenting and prayer. In Cumbria, the Mothers’ Union provides holidays for disadvantaged families, toiletries for hospitals, refuges and the prison, baby clothes for the hospitals and fiddle muffs for care homes. They also provide toys for playgroups, prayer spaces and books for schools.

Mary Sumner’s personal prayer was, “O Lord, let me touch as many lives as possible for thee.” The lives of so many families have been touched through the original vision of one woman 150 years ago.

Revd Bryan Kerr,

Priest-in-Charge of St Thomas’, St Peter’s, St John’s Churches

Christ the King RC Church  
Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 11am

Friday Mass celebrated at 10 am

Find on YouTube channel  
and Facebook Group by searching:

**Kent Estuary Catholic Churches**

Fr Hugh Pollock 01539 720063

kendalcatholicchurch@gmail.com



**Levens  
Methodist Church**

Revd Tiras Dainty-Share 01524 963716  
Email: [tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)

**JUNE - 10.30 am unless stated**

please see notice board outside Levens  
Methodist Church for June details

**28<sup>th</sup>** 10.30 am KEMC at Storth

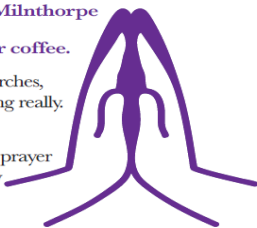
4 pm Faith @ Four  
with Rev. Tiras Dainty- Share

Come and  
**PRAY**

at St Thomas' Church, Milnthorpe  
for 20-30 minutes  
12 noon, on Fridays after coffee.

Praying for our villages, churches,  
wider world issues ... anything really.

You are welcome to bring a prayer  
of your own to read, to pray  
silently, or speak what's  
on your mind.



**God doesn't mind...  
He listens.**

**Phillipians 4. 6 ~ 7**

*"Don't worry about anything,  
but in everything, by prayer and supplication  
with thanksgiving,  
let your requests be made known to God..."*

**Faith  
@ Four**

A time of reflective  
worship with prayer,  
Scripture, music &  
space to recharge.

Levens Methodist Church  
Every Fourth Sunday  
@ 4pm

**CHILDREN'S SUNDAY SCHOOL**  
St Thomas', Milnthorpe

Sunday June 7th and 21st



Always also quiet activities in  
the Children's corner of church



**Levens Methodist Church**

now registered for the solemnization  
of marriages between a man & a  
woman and for the solemnization of  
marriages of same sex couples.  
Please contact 01524 963716  
[tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)  
The Revd Tiras Dainty-Share

## JUNE Sunday Morning Services at Parish Churches - All Welcome

**8.00 am** Holy Communion (BCP)

St Thomas' Milnthorpe 7th & 21st

St Peter's Heversham 14th & 28th

**9.30 am** St Peter's Heversham

7th Parish Communion

14th Morning Praise

21st Parish Communion

28th KEMC at Storth 10.30 am

**9.45 am** St John's Levens

7th Parish Communion

14th united at Methodist Church 10.30 am

21st Gift Day - see below

28th KEMC at Storth 10.30 am

**11.15 am** St Thomas' Milnthorpe

7th Morning Praise

14th Parish Communion

21st Morning Praise

28th KEMC at Storth 10.30 am

Sunday 21st June at 9.45 am

**St John's Gift Day** is an invitation to reflect on God's amazing generosity to us and consider our own response, Service will be led by a member of the Diocesan Stewardship Team.

"But since you excel in everything—in faith, in speech, in knowledge, in complete earnestness and in the love we have kindled in you—see that you also excel in this grace of giving."

2 Corinthians 8.7

Date for your Diary:

Songs on  
Milnthorpe Green

Sunday 12th July



All Welcome to  
Monthly Afternoon Holy Communion  
followed by tea and cakes

Thursday 18th June 2.00 pm  
at St Thomas' Church, Milnthorpe



Christians Together in Levens CTIL  
Communion

Tuesday 30th June at 2.30 pm  
Levens Methodist Church

Milnthorpe Area Food bank

[www.milnthorpefoodbank.org](http://www.milnthorpefoodbank.org)

please donate if you can

**Collection boxes in Spar and Churches  
in Milnthorpe and Heversham  
for Milnthorpe Area Food Bank;**

**Collection Boxes in  
St John's Church Levens and  
Levens Methodist Church for  
King's Food Bank, Kendal;  
Trolley in Booths Milnthorpe for  
Lancaster and Morecambe Food Bank.**

What's the latest?



[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)  
&

[www.stpetersheversham.org](http://www.stpetersheversham.org)

If you would like an email of the weekly notices please click on 'contact us'

For regular email updates for St John's Church [Levens](http://www.levens.org.uk) please email:

[jill.butterworth54@btinternet.com](mailto:jill.butterworth54@btinternet.com)

[www.heversham.org](http://www.heversham.org) has an archive of Parish News

[www.levens.org.uk](http://www.levens.org.uk) has local info and NEWS and a link to the same archive of Parish News <https://www.levens.org.uk/st-johns-church>

[Milnthorpe What's Going On](#)

page on Facebook to catch up with what is going on!

And **KEY** weekly Youth Activities post on this page

## Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,  
every single day  
[www.samaritans.org](http://www.samaritans.org)

To view the Parish News online:

[stthomasmilnthorpe.org.uk/  
publications/](http://stthomasmilnthorpe.org.uk/publications/)

**Next issue - print & online**  
**JULY 2026**

Please email info by **10th June**

**Aug/Sept News - email by 10th July**

*\*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.*

To the best knowledge of the Editorial Team all info is correct at time of going to press 21.5.26

**Note to Advertisers:** Invoices are posted out or hand delivered. unless email specifically requested.

We NEVER email out a form for you to pay via a website please be SPAM aware

If unsure phone 01539564582 or email [parishnews@heversham.org](mailto:parishnews@heversham.org)

**Levens Good Neighbours** - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



**Can Levens Good Neighbours within Levens Parish help with:**

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment

**07908 004672 8am-8pm any day**

Volunteers are covered by insurance & policies relating to safeguarding and good practice.

# Parish News, part of the church in community

is run by 3 Parish Churches

**of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe also including services details for the local Methodist and Catholic churches**

## Volunteer Ed Team:

Jane Cushnie, Jill Butterworth, Margaret Barrow, Wendy Dodds

**Distribution Team** of more than 60 volunteers **deliver 2,500 copies**

across the three parishes 10 times a year in all weathers! - thanks everyone!



**parishnews@heversham.org** Mrs Jane Cushnie Tel: **015395 64582**  
**Phone code as well even if phoning from a local number**

Levens News: [jill.butterworth54@btinternet.com](mailto:jill.butterworth54@btinternet.com) Mrs Jill Butterworth 01539561676

## Priest-in-charge of Levens, Heversham & Milnthorpe

**The Reverend Bryan Kerr** Email: [rev@lhmparishes.co.uk](mailto:rev@lhmparishes.co.uk) Tel **015395 61448**

Also the contact details for a pastoral phone call for you or someone you know

### Churchwardens

#### **Levens: St John's**

Mr Hal Bagot 60588

Mrs Jill Butterworth  
015395 61676

#### **Milnthorpe: St Thomas'**

Dr Val Robson  
07885 318613

Mr John Ricketts  
01524 761076

#### **Heversham: St Peter's**

Contact person:  
Mrs Jane Fell  
Email:  
[janefell12@gmail.com](mailto:janefell12@gmail.com)

### PCC Secretaries:

Mrs Julie Marsh  
015395 83183

Frances Taylor  
015395 63537  
[frances30taylor@gmail.com](mailto:frances30taylor@gmail.com)

Mr Peter Clarke  
01539565845

[www.kentestuarymissioncommunity.com](http://www.kentestuarymissioncommunity.com)

for information from churches in our Kent Estuary



## Room Hire in Milnthorpe:, Heversham, Levens

Milnthorpe St Thomas' Community Rooms [www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)

Milnthorpe Christ the King RC Church [kendalcatholicchurch@gmail.com](mailto:kendalcatholicchurch@gmail.com)

Leasgill Athenaeum [www.the-athenaeum.org.uk](http://www.the-athenaeum.org.uk) Jean Metcalfe. 07368 800922

Heversham Tristrams Pavilion / Playing Fields, Email: [sports@dallamschool.co.uk](mailto:sports@dallamschool.co.uk)

Heversham Bowling Clubhouse Vera Alderson 01539 897160

Levens Village Hall Helen & Alan Miller 015395 60334

Levens Methodist Hall Jane Jones 07875 163418

Levens Pavilion Alice 07817 200053

## FISHWICKS

FUNERAL SERVICE

Beetham Hall Beetham

**015395 63108**

[www.fishwickfunerals.co.uk](http://www.fishwickfunerals.co.uk)



## BEETHAM HALL

CREMATORIUM

**015395 65363**

[www.beethamhall.co.uk](http://www.beethamhall.co.uk)

## EDWARD DUCKETT & SON

Joinery specialists &  
Funeral directors

**01524 784211**

**01524 781232**

### Funeral Celebrant

**Kathryn Calvert**  
Celebrant for personal non-religious funerals  
and Celebration of Life ceremonies

(accredited by Humanist UK) **Tel: 07920 511696**

email: [kathryn.calvert@humanistceremonies.org.uk](mailto:kathryn.calvert@humanistceremonies.org.uk)



### Parkin & Jackson

new memorials, additional  
inscriptions, renovations

**House Names & Signs**

**01539 722838**

[www.parkinandjackson.co.uk](http://www.parkinandjackson.co.uk)

### HALLS WASTE

house clearances.  
All waste removed,  
**licensed** asbestos  
& waste removal.

ALSO - Demolition services  
sheds - garages -  
outhouses - houses

Mike 07813 855479

01539 332084



All aspects of roofing work undertaken  
**07867 990254** E: [ifo@willowroofingandmaintenance.co.uk](mailto:ifo@willowroofingandmaintenance.co.uk)  
[www.willowroofingandmaintenance.co.uk](http://www.willowroofingandmaintenance.co.uk)

### skb window cleaning

local window cleaner fully insured  
Hard to reach & Velux windows, Frames, doors &  
garage doors, Solar panels & conservatories  
Roof cleaning & moss removal  
now also offer **GUTTER CLEANING** up to 4 stories  
with work checked by inspection camera  
**07783 802192**

Email: [windowcleaner311@hotmail.co.uk](mailto>windowcleaner311@hotmail.co.uk)



**CHRIS EASTON Ltd**  
**Welding & Fabrication**  
**07917 402394**

[chriseastonwelding@yahoo.co.uk](mailto:chriseastonwelding@yahoo.co.uk)

### FORD PLUMBING & BATHROOMS

Bathroom installation  
General plumbing works

Call Jamie: **07595 052809**

[FordBathrooms@gmail.com](mailto:FordBathrooms@gmail.com)

## LOCKSMITH

Local Family Business  
Trading Standards  
Approved  
All Lock Problems Solved

Call Locks Express

**01539 739218**

**07886 831336**

### ELMS CUMBRIA LTD Door Repair Service

Garage, industrial, Automatic doors

Paul Schofield 64512

**07799 332141**

[info@elmscumbrialtld.co.uk](mailto:info@elmscumbrialtld.co.uk)

### BPS Roofing

All aspects of roofing  
contact Ben  
**015395 63844**  
**07786 407187**

### SMOKELESS FUELS

Long established Coal Merchants

**Supplying a range of  
approved Smokeless fuels  
throughout the area.**

Free delivery  
7 days a week &  
no minimum order.

For quality, service & price

**07488 372851**

ring/message 7 days

or **01229 0230041**

Office hours



**CALL & COLLECT**

**01524 812476**

[www.logsdirect.co.uk](http://www.logsdirect.co.uk)

## DCA FIREWOOD

Kiln Dried Logs Ready To Burn

Call or Text **07919892703**

[www.dcafirewood.co.uk](http://www.dcafirewood.co.uk)



**D&C ATKINSON**  
Commercial Ground Maintenance Contractors



### Andrew Backhouse Chimney Sweep Ltd

est 1992 Trading Standards Approved

All types of chimneys and flues swept

Public liability insured

**015394 45117**

**07763 145594**

# Woodlands Nurseries

Flowers for all occasions



Crooklands  
01539 567273

# Gilpin Bridge Inn



Cask Ales -  
Dog Friendly  
Kids' Playground  
8 Bedrooms-Function Room  
Home Cooked Food

015395 52206

LOW  
**Sizergh**   
BARN



Low Sizergh Farm,  
Sizergh, Kendal LA8 8AF  
lowsizerghbarn.co.uk  
015395 60426



Farm Shop  
Café  
Farm Trail  
& Camping



## THE ORCHARD


Holiday Cottage to Let in Levens  
Owner: Chris Band  
Enquiries and Bookings to:  
01244 352155  
www.sykescottages.co.uk

Holiday Cottages  
in Heversham

Mary Davies 015395 64809  
www.oldebluebellcottages.com

## Rigney Bank House

015395 62236

Studio and   
2 bed holiday apartments  
www.rigneybankhouse.co.uk

## LAKES LOCKS

24 hr Emergency Locksmith,  
Lock Repairs/Replacements,  
Broken Key Extraction,  
UPVC Door & Window Lock  
Repairs, Lock Upgrades &  
Security Improvements, Mobile  
Key Cutting, CRB Checked

07827 481 922  
www.lakeslocks.co.uk  
info@lakeslocks.co.uk

## DASHING DOGS

Based in Levens Est. 2002  
Grooming - Clipping - Bathing  
Fully Air-Conditioned  
Individual Appointments  
Fully Insured

07825 727790  
015395 96263  
Facebook  
& Instagram



## Bay Vets

"The Community Vets"

Inspiring trust, passion & care  
to deliver excellence  
to pets and their families.  
Lancaster 01524 32696  
Morecambe 01524 410867  
Milnthorpe 015395 62770  
Caton 01524 770615  
24 hours emergency service  
www.bayvets.co.uk

Archway Veterinary  
Practice

Lindale

Grange over Sands  
LA11 6LU



015395 32669

www.archway-vets.com

Independent  
Award winning  
modern premises  
Community Nursing  
24/7 Pet care

HIGHGATE  
VETERINARY  
CLINIC 



www.highgate-vets.co.uk  
173 Highgate, Kendal  
01539 721344  
Beezon Road, Kendal  
01539 887988

Friendly, caring and professional team

  
Westmorland  
Veterinary Group

'Experienced vets  
for your much loved pets'  
Kendal: 01539 722692  
Kirkby Lonsdale: 015242 71221  
24hr Emergency Service  
www.westmorland-vets.co.uk



# TAXI SERVICE

## 01539 468282

[nightairporttaxis.co.uk](http://nightairporttaxis.co.uk)

Levens • Milnthorpe • Heversham • Arnside  
Local & reliable taxis

### Sue Spencer COUNSELLOR

BACP Registered

015395 56106

07804 863408

[www.suespencercounselling.com](http://www.suespencercounselling.com)



### Baverstock Opticians

technology • expertise • eye care

015395 62633

[Imbaverstockopticians.co.uk](http://Imbaverstockopticians.co.uk)

### Massage

Graceful Bodyworks



- Trigger Point
- Deep Tissue For Sport
- Rehab & Recovery
- Chronic Pain

07810 388804



Therapy Room in Levens

### Pure Essence Beauty owned by Sue Shields

Your local haven for relaxation,  
Skincare & Self care  
South Lakeland Leisure Village  
01524 735240



13 Main St  
Milnthorpe  
T: 64484  
& Facebook

### Foot Care by Claire

#### Home Visiting Service

Nail trimming Foot care advice

Callous/hard skin and corn removal

Claire Mitchell CertFHP & MCFH

07896 814010

### FOOTCARE AT HOME

Tracey Garrett BSc MinstChp

Nail trimming - Ingrown nails

Corns - Callus

Diabetic foot care & advice

Phone 07766 167018

HOME VISITS

Philip Hartley  
Registered Osteopath  
Milnthorpe & District  
Osteopathic Clinic  
015395 65777

### Park View Surgery

Haverflatts Lane  
Milnthorpe LA7 7PS

21 New St, Carnforth LA5 9BX

[www.parkviewsurgerynhs.co.uk](http://www.parkviewsurgerynhs.co.uk)

## 015397 61225

When surgeries are closed  
call



### Feet First Mobile Footcare

Covering all Your foot care needs

Nail cutting Hard skin removal

Ingrowing toenails Corn removal

Julie Harwood MCFH

07813 969006

over 20 years experience

### Abbeyfield Hartland House

Residential Care  
Manager -



Mrs Leanne Scrogam  
015395 62251

### Irene Taylor Hearing Centres

Salt Pie Lane, Kirkby Lonsdale  
015242 73589

Specialist in hearing aids & protection

Earwax removal by microsuction

[www.prestonhearingcentre.co.uk](http://www.prestonhearingcentre.co.uk)  
est. 1980

### PLUMTREE HALL Heversham Refurbished Apartments Now Available

Lift to first floor  
Fresh home cooking  
Care provision accepted  
Independent living for over 65's  
015395 62661  
[www.plumtreehall.co.uk](http://www.plumtreehall.co.uk)

## Heydays



Care & Support  
Services

015395 52548

Providing  
outstanding  
homework  
since 2011

We can help with personal care,  
meal preparation, shopping,  
companionship & domestic help.

Covering South Lakes inc.  
Levens, Milnthorpe, Sedgwick,  
Heversham & surrounding villages

[www.heydayscare.co.uk](http://www.heydayscare.co.uk)



Outstanding Care & Support to live  
life your way in your own home.

From companionship visits, to specialist  
dementia care, Gold Standard end-of-life  
care, health care at home (catheter,  
stoma, and more) and Live-in Care, we're  
here for all your life care.

## 01539 267220



**mainlineMOTcentre Ltd**

Class 4 and 7 MOTs  
and Tyres  
015395 64354

MILNTHORPE • KIRKBY LONSDALE  
(015395)  
**63405**  
**24/7 Taxis**  
(SOUTH LAKES LTD)  
TAXIS & PRIVATE HIRE 4, 6 and 8 seater cars  
(01539)  
**758015**  
GRANGE OVER SANDS • KENDAL

**Queen Accountancy**  
Helping your Business  
Finances Flow

Accounting & Bookkeeping | HMRC Support |  
Payroll | VAT | Corporation Tax | CIS Returns |  
Self-Assessment | Month End - Bank  
Reconciliation, Profit & Loss

**Get in Touch Today!**  
01539 482007  
info@queenaccountancy.com  
[www.queenaccountancy.com](http://www.queenaccountancy.com)

**stationgarage**  
INDEPENDENT VW  
GROUP SPECIALISTS

015395 64111  
[www.stationgaragemilnthorpe.co.uk](http://www.stationgaragemilnthorpe.co.uk)

**E&R AUTOS LTD**  
Quarry Lane, Sandside  
**015395 63101**  
Vehicle Servicing & Repairs  
MOT Booking & Preparation

**A2A**  
**NEED A WEBSITE?**  
CALL & SEE IF WE CAN HELP  
OR VISIT [WWW.A2A.CO.UK](http://WWW.A2A.CO.UK)  
**WEBSITES from £400+VAT**  
Domains from £30+VAT Hosting from £75+VAT  
T: 015395 64486 2 Beetham Rd Milnthorpe

**ROGER J TREGLOWN**  
Member of Antiquarian  
Booksellers Association  
**Antiquarian, rare, interesting  
second hand books  
and ephemera bought & sold**  
40 years in the trade.  
Advice on starting a collection,  
book rebinding & valuations  
for insurance or probate etc.  
Office open by appointment  
015395 62728  
[www.rogerjtreglow.com](http://www.rogerjtreglow.com)

**Wright & Lord**  
Solicitors

A different type  
of law firm

[wrightandlord.com](http://wrightandlord.com)  
015395 65990

Authorised and regulated by the Solicitors  
Regulatory Authority (SRA No. 519292)

**VHS, VHS C,  
Video Hi8,  
Mini DV tapes**  
**Slides/Negatives scanned  
to USB &/or CD / DVD**  
Jane Cushnie **015395 64582**  
mail@photoideas.co.uk

**Wright & Lord**  
Financial Services

Truly independent  
financial advice

[financial.wrightandlord.com](http://financial.wrightandlord.com)  
015395 65995

Authorised and regulated by the Financial  
Conduct Authority (FCA No. 465610)

**Burton Tech Support**  
All aspects of computer  
upgrade, repair and advice  
Low callout charge. No Fix No Fee  
Call Barry 01524 781306  
or e-mail [bts@yobunny.co.uk](mailto:bts@yobunny.co.uk)

**Computer Help At Home**  
**Plain English help  
with your computer**  
Graham Brook  
015395 60868

**Joey's Nursery & Out of School Club**  
Nursery provision, Breakfast Club,  
After School Club and Holiday Club  
care for all children aged 0-11 yrs

Open 50 weeks of the year 7.45am -6pm  
Offering Government funded places from 9 months up  
for more info call 015395 64090  
or email: [enquiries@joeysnursery.co.uk](mailto:enquiries@joeysnursery.co.uk)  
Joey's is part of Milnthorpe Family Centre a registered charity  
1131829 offering support to families on a non-profit basis

**Property  
Professionals,  
Financial and  
Legal Advisors**

[www.pooletownsend.co.uk](http://www.pooletownsend.co.uk)

Milnthorpe Office:  
8-10 Beetham Road, Milnthorpe,  
LA7 7QR. Tel: 015395 62044

Poole Townsend are Independent Financial  
Advisers authorised and regulated by the  
Financial Conduct Authority.  
Financial Services Register ref. 807084.

# M.KELLY

## WINDOW AND DOOR INSTALLATION



Windows & Doors

Conservatories

Window & Door Repairs

Replacement Sealed Units

**FREE ESTIMATES**

**T: 07525 146525**

[www.mkellywindows.co.uk](http://www.mkellywindows.co.uk)

**Portabello Blinds and Curtains Ltd**  
Your local company offering exceptional personal service  
where quality and courtesy come as standard.  
Free measuring , quotation and design service  
with no obligation. Tel: 01524 702111



**ALL COMMERCIAL &  
DOMESTIC ELECTRICAL  
WORK UNDERTAKEN**

**ULEV/OLEV ELECTRICAL  
VEHICLE CHARGER INSTALL  
APPROVED GOVERNMENT  
GRANT INSTALLER**

Consumer Unit/Fuse Boards  
Complete re-wires • Socket alterations  
Lighting • Smart Home • CCTV  
Pat testing/Safety certificates

**PROFESSIONAL, LOCAL,  
FRIENDLY & RELIABLE  
OVER 15 YEARS EXPERIENCE**

**07400 562 162**

[amelectrical@hotmail.co.uk](mailto:amelectrical@hotmail.co.uk) • [www.amcogroupftd.co.uk](http://www.amcogroupftd.co.uk)

Contact -Alex McCallum

**A. Hutchinson Sons**  
est 1959  
**Joinery Contractors**  
Levens  
Christopher 07725 209264  
Robbie 07731102785

**Neil Townley**  
**Painter & Decorator**  
07969 406256



**Simpson Waste Services**  
Local family run business for:

Septic Tank emptying  
Roll on Roll off Skip Hire  
Aggregate supplied/delivered  
Plant hire available

Tel: Ryan 07766 971167  
Lauren 07909 695454  
Email: [rysimpson@live.co.uk](mailto:rysimpson@live.co.uk)

### **PR PARKER PLANT LTD**

- HYDRAULICS - PLANT HIRE -  
- PLANT REPAIRS -

Phil Parker  
07447 621703

Specialists in hydraulic hose repairs  
and assembly



**GROUNDWORKS &  
SEWAGE TREATMENT SYSTEMS**

**Tel: 01524 812476**  
**Mobile: 07876 205361**

## **GLOWSOLAR**

A family company, based in Levens,  
we install and maintain solar panels  
and battery storage throughout  
Cumbria and Lancashire. We have  
over 13 years experience in the solar  
industry and a lot of happy  
customers - check out our google  
reviews!

Email us at [hello@glowsolar.co.uk](mailto:hello@glowsolar.co.uk)  
Or call 07340012808

**TRAFALGAR**  
**Projects**  
Building Services Ltd  
Call Brian: 07766 131251

### **SPARK ELECTRICAL LTD** **Simon Clark**

Free consultation for electrical work  
Electric car charging points  
Rewires

Extra sockets  
Under floor heating  
Low energy lighting

**07918 127393**  
**015395 64350**

[simon.sparkelec@live.co.uk](mailto:simon.sparkelec@live.co.uk)

**Chaplows Heating Ltd**  
Gas Safe & Oftec Registered  
**Boiler Servicing,  
Installations & Maintenance**  
**015395 63017**  
[chaplowltd@hotmail.com](mailto:chaplowltd@hotmail.com)

**KJM Plastering**  
Internal, External  
& damp work  
07880 804825  
Local & reliable



**Dave Atkinson  
Contracting**

Groundwork & Landscaping  
Fencing • Septic Tanks  
Flagging • Concreting  
Drainage • Machine hire

Call for free quotes & advice  
**015395 68645 • 07833 544 984**



### **COOPER ELECTRICAL CONTRACTING LTD**

All types of electrical work undertaken  
Commercial, Domestic & Industrial & Agricultural  
Inspection and Testing & Portable appliance testing

**01539 897138 or 077177 62274**

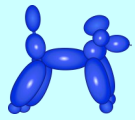
[www.cooper-electrical.co.uk](http://www.cooper-electrical.co.uk) E: [info@cooper-electrical.co.uk](mailto:info@cooper-electrical.co.uk)



<p><b>Holmeworks Handyman</b> Nobody likes doing homework so let Holme Works do it <b>Give Neil a call on</b>  <b>01524 782177</b> <b>07712 475863</b></p>	<p><b>Dave Holt Services</b> Handyman / Odd Jobs Garden Maintenance, Painting decorating, Flat pack assembly All jobs considered <b>07768 534088</b></p>	<p><b>T&amp;S</b> <b>Decorating &amp; Design</b></p> <p>Interior &amp; Exterior Painting Decorating &amp; Interior Design Furniture upcycling General Property maintenance Contact Tracey <b>07907 996779</b> <a href="mailto:tands.decorating@btinternet.com">tands.decorating@btinternet.com</a></p>
<p><b>Julian Stobbart</b> <b>FLOORING</b> 07792 749937 015395 62493</p>	<p><b>SCOTT SINGLETON</b> <b>FLOORING SPECIALIST</b>  <b>07967 440568</b> <a href="mailto:s.singletonflooring@gmail.com">s.singletonflooring@gmail.com</a></p>	<p><b>DRJ</b> Domestic &amp; Commercial <b>FLOORING</b> Flooring / Carpet Installer 07581 685561 <a href="mailto:enquiries@drjflooring.co.uk">enquiries@drjflooring.co.uk</a> <a href="http://www.drjflooring.co.uk">www.drjflooring.co.uk</a></p> <p> national institute of carpet &amp; floorlayers  member</p>
<p><b>S.C JOINERY</b> For all your joinery needs Traditional and UPVC Contact Shaun Confue Holme 01524 781179</p>	<p><b>DRJ</b> Domestic &amp; Commercial <b>FLOORING</b> Flooring / Carpet Installer 07581 685561 <a href="mailto:enquiries@drjflooring.co.uk">enquiries@drjflooring.co.uk</a> <a href="http://www.drjflooring.co.uk">www.drjflooring.co.uk</a></p> <p> national institute of carpet &amp; floorlayers  member</p>	<p><b>W.G. BROWNLIE Ltd</b> <b>JOINERY &amp; BUILDING CONTRACTOR</b> extensions, building works, refurbishments, upvc windows, conservatories, doors, flooring Levens 015395 60673 &amp; 07810 602999</p>
<p> <b>TT Carpets Ltd</b> and TT Ceilings Milnthorpe 62898 <a href="mailto:craig@ttclimited.co.uk">craig@ttclimited.co.uk</a> Domestic and Trade</p>	<p><b>DW Johnston</b> Building Services Ltd 62434 or 07887 756564 <a href="mailto:johnston708@btinternet.com">johnston708@btinternet.com</a></p>	<p><b>Martin Dodds</b> General Builder &amp; Plasterer Alterations, extensions, plastering, dashing, roofing, block work, stonework, pointing, patios, fencing <b>07950 033089</b> <a href="mailto:martind23@btinternet.com">martind23@btinternet.com</a></p>
<p><b>THWAITES TREE CARE</b> All aspects of Tree Surgery / Hedges T: 015395 87541 M: 079869 88166 FREE QUOTES <a href="mailto:info@thwaitestreecare.co.uk">info@thwaitestreecare.co.uk</a> <a href="http://www.thwaitestreecare.co.uk">www.thwaitestreecare.co.uk</a></p>	<p> <b>J&amp;R</b> LANDSCAPES Specialising in fencing, stone walling, paving, garden rooms, lawns and water features. Bespoke garden design and build Free estimates <b>07954 336176</b> <b>07871 878101</b></p>	<p><b>Felltree</b> Tree Surgery &amp; Grounds Maintenance Free quotations &amp; Advice Aidan Giles <b>07501 360859</b> <a href="http://felltree.co.uk@gmail.com">felltree.co.uk@gmail.com</a></p>
<p><b>Cumbria Landscaping</b> • Patios • Fencing • Stonework • • Decking • Driveways • Ponds • <a href="http://www.cumbrialandscaping.com">www.cumbrialandscaping.com</a> Stuart 0788 1914 108 <a href="mailto:stuart.lambert@hotmail.co.uk">stuart.lambert@hotmail.co.uk</a></p>	<p><b>STEPHEN TAYLOR</b> <b>STONEMWORK</b> <b>07732 709622 or 01539 731391</b> Dry Stone Walling ~ Stone Facing ~ Blocking Patios &amp; Steps ~ Garden Landscaping ~ Pointing ~ Garden Fences ~ Decking Fireplaces ~ General Building Home &amp; Garden Maintenance</p>	<p><b>Grass &amp; hedge cutting</b> <b>fencing</b> <b>garden maintenance</b> David Abel <b>0789 0502534</b></p>
<p><b>Hamish Foulerton</b> <b>07747 788370</b> Qualified, knowledgeable, professional <b>Gardener</b> over 20 yrs experience Expert effective maintenance, grass cutting, tree, hedge &amp; shrub pruning. Garden renovations &amp; fences.</p>	<p> <b>Berry's Garden Services</b> "Bespoke Horticultural Excellence" 07766395595   <a href="mailto:admin@berrysgardenservices.com">admin@berrysgardenservices.com</a></p>	<p><b>Grass &amp; hedge cutting</b> <b>fencing</b> <b>garden maintenance</b> David Abel <b>0789 0502534</b></p>



More details  
for these events  
in July's  
Parish News



Fun Afternoon  
For all the Family  
Saturday 11th July

at St Peter's Church  
Heversham

Games, story, Cake  
& balloon modelling



**Apple Pressing:**  
Milnthorpe - Fri 18th Sept  
morning & evening  
Heversham  
Saturday 19th Sept -  
morning  
Levens  
Saturday 19th Sept -  
afternoon

Cordial bottles are  
great to freeze the  
juice - save them  
over the summer

Milnthorpe  
Senior Citizens'  
Annual Tea Party  
Wednesday 22nd July  
Milnthorpe Cricket Club  
Full details next News



MILNTHORPE & DISTRICT ALLOTMENT ASSOCIATION  
Schedule of the Annual  
**83rd HORTICULTURAL & CRAFT SHOW**  
St Thomas' Church, Milnthorpe LA7 7GA  
Saturday 5th September 2026  
Open from 1.00 - 3.00 pm to view exhibits  
& for Refreshments  
*Admission by donation*  
Cups and Medals presented at 3 pm  
Auction of Produce following the presentations  
& Grand Raffle draw  
Vegetables, Fruit and Flowers  
Baking & Preserves, MAMMOTH VEGETABLES,  
Wines & Beers, Floral Art and Children's Classes



Milnthorpe and District  
Allotment Association  
Annual Horticultural & Craft Show  
Saturday 5th September 2026  
at St Thomas' Church, Milnthorpe  
Schedules widely available  
at local Garden Centres and on website:  
[www.milnthorpeallotments.co.uk](http://www.milnthorpeallotments.co.uk)

Party in the Pasture  
in Hincaster is taking  
a break this year

