

JUNE 2023

A free copy for you

# Parish News

Levens, Heversham, Milnthorpe



## **Levens Methodist Church**

### **COFFEE SHOP**

**2.30 - 4.15 pm**  
**Everyone Welcome**

### **Mondays**

**Do you want a coffee and a chat?**  
**please join us.**

**You can also play dominoes,**  
**cards, Rummikub or do a jigsaw**

**Also bring your knitting, sewing**  
**or craft project and have a natter.**

### **Wednesdays & Fridays**

**Coffee and Biscuits**

**Coffee @ St T's**  
**Milnthorpe**

**Every Friday 10 -11.30 am**

**serving Farrers Coffee**  
**and Lakeland Tea**  
**Enjoy home made scones,**  
**tea cakes**

**free WiFi &**  
**contactless payment available**

### **M:HUB**

**on Beetham Road, Milnthorpe**

**Cafe is open**  
**every Friday morning**  
**from 9.30 am until 12 noon**  
**for refreshments.**

### **Meet & Eat**

**at Levens Methodist Church**  
**Friday 30th June**  
**12 noon - 2pm**

**Quiche Lorraine or**

**Leek & Cheese Quiche**

**Salad & new potatoes**

**Fruit Salad & Cream or**

**Eve's Pudding & Custard**

**Tea/Coffee**

**Tickets available from Coffee**  
**Shop or Susan Beckwith**  
**0779 6561810**  
**Adults £5**  
**Preschool Children FREE**

**EVERYONE WELCOME**

### **Village Drop In** **at the Old School** **Heversham**

**second & fourth**  
**Tuesday 12.30 –2 pm**

**13th and 27th JUNE**

**always a**  
**Warm Welcome**

**Drop in -**  
**for a chat,**  
**hot drinks and/or**  
**choice of Soups**  
**with bread**  
**& cheese**  
**(no set price**  
**–for a donation**  
**in the basket)**



**St John's Church Levens invites you to help  
with our annual  
Nature Watch in the churchyard  
Saturday June 10<sup>th</sup>  
2.00 - 4.30pm**

**Please come and help us  
to log the biodiversity of our churchyard.  
Bring a camera to photograph what you can't identify!  
Some ID books will be available for reference, but if you  
have your own, please bring them too.**

**Refreshments served all afternoon.**

### **Milnthorpe Craft Group**

at St Thomas' Church Centre  
Mondays at 10am - noon  
Pop in for a warming coffee and  
come and say hello whilst we do  
craft. Perhaps you will see  
something you would like to craft .  
All Welcome

### **Hincaster Trailway AGM**

Thursday 1st June  
7pm  
The Athenaeum, Leasgill

All Welcome



## **Heversham Pop up Pub**

**3rd June**

**7.00pm - 11.00pm**

**1<sup>st</sup> Sat of every month**

**The Athenaeum**

**For our community - all welcome**



WE WOULD  
LIKE TO  
WELCOME YOU  
TO HEVERSHAM WI

**theWI**  
INSPIRING WOMEN

**Next meeting :**  
**Wednesday 14th June**  
The Athenaeum, Leasgill  
Speaker Joan Bentley  
Flower Arranging Demonstration  
Members' Competition for  
Bobby Shackelford Trophy  
'A green arrangement'

Visitors are asked to pay £2 and  
can now attend for 3 sessions  
before making a commitment to join.  
We look forward to welcoming you.

For further information please  
contact: Sue Ellis:  
07939 577881

You are invited to  
**Levens Good Neighbours AGM**  
to be held at  
the Methodist Church Hall  
on Wednesday 21st June 2023  
at 7.15pm - 8pm  
followed by our regular  
scheduled meeting  
All are very welcome



Levens Good Neighbours



**Gentle Exercise  
Classes – Milnthorpe**

**Gentle Exercise  
Classes – Levens**

**Levens Lunch Club**  
The Gilpin Bridge, Levens  
LA8 8EP

**Hale Lunch Club**  
The Tavern at Hale,  
Milnthorpe LA7 7BH

**Please phone for details  
and to book lunches:  
Liz Dawes 01539 728118**

Every Tuesday 10.30 - 11.30 am  
Catholic Church Hall  
Haverflatts Lane, Milnthorpe LA7 7PS

Every Wednesday 10.30 - 11.30 am  
Levens Methodist Church  
Lowgate, Levens LA8 8NL

Fourth Tuesday of the month 12.00 pm  
please phone to book

Third Thursday of the month  
meet at 12.15 for 12.30 pm

A Concert with  
Milli Youth Choir  
& OttoVoce

Sunday 16th July 2023  
3.30 pm

St Thomas' Church,  
Milnthorpe

Summer refreshments will be served

Watch Parish News July issue,  
Milnthorpe FB and  
posters for more details



first Saturday  
in the month  
in aid of

St Thomas Building Fund

Saturday 3rd June 7pm

St Thomas' Church, Milnthorpe

Form a team with friends

(max 4 per team)

£10 per team

BYO snacks, refreshments

prizes to be won



## Furniture on the move !

We know very little about what caused the disastrous fire in St Peter's Church, Heversham in 1601, but we do know that little survived it. Remarkably the Parish Chest was one piece of furniture that did.

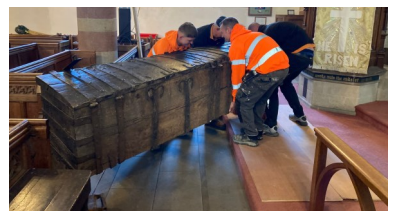
It would have held the records for Heversham Parish - which included Crosscrake and reached up the Lyth Valley to Crosthwaite.

Back then, there was not our distinction between the ecclesiastical and civil parish, or indeed between the religious and secular. The two were interwoven and the documents kept in the chest would have recorded much about the life of the parishioners.

For around 50 years it has stood near the entrance to the Levens Chapel. Not anymore. Five men and not a little ingenuity saw it moved to a new resting place under the tower.

Soon the chest will be joined by the Anglian cross shaft and a small display will outline the history and context of both.

In the longer run, this may become a part of a heritage trail which uses the churches of the Kent Estuary to illustrate the continuing evolution of the life of the Church in this area.





Helping you support people with dementia

## **Dignity in Dementia April Activities**

**For more information, please contact**

**Diane Smillie on 07771 682378 or Lesley Gill on 07816 895021**



**Tuesday Cuppa & Chat sessions** at Abbot Hall Social Centre, Dowkers Lane, Kendal – an opportunity for people with dementia and their family carers to get together for a chat and enjoyable activities, including guest speakers covering a range of interesting /

entertaining subjects at the last session of the month.

**Tuesday 13<sup>th</sup> & 27<sup>th</sup> June 10.30 am – noon**

**Enjoyable Dementia friendly walks** with optional refreshments during or afterwards

10.30 am start

8<sup>th</sup> June Sizergh Castle carpark LA5 8D2

22<sup>nd</sup> June Berners Carpark, Grange-over-Sands LA11 7DQ –  
for Promenade walk



**Social table tennis**

**at Arnside Educational Institute, Church Hill, Arnside**

**10.30 am start Wednesdays 14<sup>th</sup> & 28<sup>th</sup> June**

**Woodland Wellness** – Being outside is good for us all. Come and join us for engaging activities connected to nature - in the woods next to Arnside Carpark ( LA5 0BP)

**Mondays 5<sup>th</sup> & 19<sup>th</sup> June 11am – 12 noon**

**Silverdale Songsters - Dementia Embracing Community Singing Group**

**Friday mornings between 10.30 – 11.30 am**

at St John's Church Hall, St John's Church, Silverdale.

[www.dignityindementia.org](http://www.dignityindementia.org)

I've just had my bathroom re-tiled, but I'm not happy with the work. The tradesperson left to do another job halfway through and I had to chase them to finish the job. The work looks pretty rough around the edges. They also left all the old tiles and plaster for me to dispose of, which I wasn't expecting. I've now got the invoice, but I don't think the price reflects the work done or the service I got. Can I challenge this?

If the work looks unfinished or unsafe, you should be able to get the tiler to come back to fix it. You could also suggest that removing the old tiles is part of finishing the job. You are protected by the Consumer Rights Act 2015, which says a tradesperson should have completed the work with 'reasonable care and skill'. If they haven't done this, they've broken the law. The Act means you're legally entitled to ask the tiler to fix the problem (if they provided the tiles as well as the service) or get money refunded (if they just provided the service and you bought the tiles). They should fix the problem or refund you in a reasonable amount of time, without causing too much inconvenience. Ask them to fix the issue or negotiate a lower price for the work before you pay them anything.

Before you contact them, it's a good idea to take photographs to use as evidence of the problem. Make notes about what happened, including dates and times.

You should also gather any paperwork and receipts - was there any prior written agreement about who would dispose of the old tiles?

Was the final cost in line with estimates or quotes given to you at the outset of the work? If not, there is [advice on the Citizens Advice website](#).

Let the tiler know you understand what you're entitled to. Keep a written copy of all contacts, whether you speak to them, write or email. There are [template letters](#) on the Citizens Advice website. If you're still struggling to come to an agreement, there are other steps you can take, including using 'alternative dispute resolution', which is a way of solving disagreements without going to court. There are [full details](#) about how to do this on the Citizens Advice website.

*Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. South Lakes Citizens Advice, your local charity, is here for you. How to access:*

*Call [015394 46464](tel:01539446464) - this is being staffed from 9:30 – 2pm*

*Adviceline: 0808 2787 984*

*email advice via our submission page on our website*

*[www.southlakescab.org.uk](http://www.southlakescab.org.uk)*

***Help to Claim (Universal Support): 0800 144 8 444***

Angel Advocates is a new Christian based independent and legal advocacy charity launching later this year.

Advocacy builds bridges, builds community, builds trust, and builds confidence. It can change lives. Can you help us build that mission?

We are looking for volunteers and supporters across Cumbria. We would love to come and speak to your congregation or group about advocacy and the differences it can make to the most vulnerable in society.

Be an angel?

Email: [info@angeladvocates.co.uk](mailto:info@angeladvocates.co.uk)

Call: 07760 987908

 **Angel Advocates**  
'...For my angel is with you.' Bar 6:7

### Do you know someone with wisdom to share about financial hardship?



The South Lakes Poverty Commission is well underway now – with a lovely group of volunteers meeting regularly in Kendal for lunch and

to plan how to pool their experience ready to share with others at our launch meeting – only a few months away now, in September.

A big THANK YOU to you if you've taken part in any way, even if just by putting up a poster or telling someone else about us. That's the only way the messages get to where they need to go!

We're now doubling down on our efforts to get groups going in the Central Lakes and in Ulverston – and also to reach the groups that are not yet represented. If you know anyone living in either of these places – or any older people, young families, care leavers or carers – with experience of how lack of money can really limit our lives, especially in rural areas, we would love to hear from them. Please contact Lois or Stella on [southlakesptc@cumbriacvs.org.uk](mailto:southlakesptc@cumbriacvs.org.uk) or just give Lois a ring on 07458 058536. Thank you, Lois and Stella

### Can you spare a few moments to make South Lakeland a better place for older people?

Age Friendly Communities is a concept developed by the World Health Organisation. They aim to give older people in our local communities a way of saying what they would like to see, what they feel is needed to enable us all to live longer, happier healthier lives without having to move out of our home villages and towns.

There are now over 60 Age Friendly cities, towns, and districts in the UK. South Lakeland is the first one in Cumbria.

If you'd like to help make Age Friendly South Lakeland a reality, please follow the link to our anonymous online survey. There are a lot of questions about different areas of life but they're all easy ones!

<https://www.surveymonkey.co.uk/r/HGM5SWW>

The results will be fed back to councils and other organisations as relevant to help look at what needs to change to enable South Lakeland to become more Age Friendly.

Caroline  
Smith,  
Coordinator,  
Age Friendly







**Teddy Bears' Picnic & short outdoor service,  
stories and craft  
on Milnthorpe Green on Sunday 4th June 3pm  
All Ages welcome — especially children and bears !**

**Bring your teddy or your favourite friend and a picnic for you & them  
- drinks and cake provided !**



**Mothers Union**  
First Wednesday at 2pm  
St Thomas' Church Centre  
Milnthorpe  
Visitors are always welcome

June meeting—outing fully  
booked

Wednesday 5th July at 2pm,  
which is our Annual Communion  
Service at St Peter's Church,  
with our main collection for  
the MU Overseas Fund, followed  
by a Jacob's Join tea.  
All are most welcome to join  
us.

### **What is the Mother's Union?**

A 4 million strong organisation in nearly  
90 countries with a vision of a world  
where everyone prospers. It's focus is to  
support "mothering" in all it's forms. It is  
a Union because it represents people  
(men & women) who are united in  
advocating and supporting families and  
those whose lives have met with  
adversity.

### **Afternoon Holy Communion:**

Thursday 15th June at 2.00pm  
at St Thomas' Church, Milnthorpe  
followed by tea, cake and chat



Tuesday 27th June at 2.30pm  
(last Tuesday in the month)  
at St John's Church, Levens

More local events  
advertised until the back  
page

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If you are reading online  
please keep scrolling



### Launch of Friends of St Peter's, Heversham

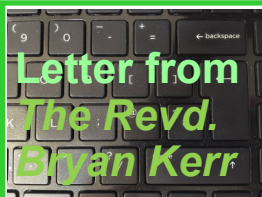
Open Invitation to all who value the beauty and antiquity of one of the oldest churches in the county, and wish to celebrate its role and contribute to its future as a place of worship.

**On Sunday 25th June, just before St Peter's Day, to launch Friends of St Peter's, there is a special service at 11.00 am, with a light lunch to follow, and everyone is welcome.**

We welcome the Bishop of Penrith, Rt Revd Rob Saner-Haigh as the special preacher, Do make this known to friends near and far who might have a special connection with the church through weddings, baptisms or personal history.

Email: [rev@lhmparishes.co.uk](mailto:rev@lhmparishes.co.uk)

Tel 015395 61448



Dear Friends,

Here are ten reasons why I never wash:

My parents made me wash as a child.

People who wash are hypocrites – how dare they think they're cleaner than anyone else.

There are so many kinds of soap, who can say which is right.

Washing is boring.

I do wash on special occasions, like Christmas and Easter.

None of my friends wash.

I'll start washing when I'm older.

I don't have time to wash.

The bathroom is far too cold.

Soap manufacturers are only after your money.



By now, you have probably twigged that this is not talking about soap and water. It's a humorous take on the things people say about church, of course. Church will often get a bad press, some of it deserved, whilst people are perhaps more curious about God and Jesus. In the churches of this area, we extend an open welcome for anyone to join us in looking at the source material of the Christian faith (the Bible) and come to their own conclusions about who Jesus is. Surely we should all be informed enough to make an intelligent decision as adults. Whether through church services and activities, or occasional courses like Christianity Explored (coming soon) or Alpha, a simply getting a good conversation going, Church life is about sharing the big story of Jesus Christ, one story at a time.

**Every Blessing, Revd Bryan Kerr**

*Priest-in-Charge of St Thomas', St Peter's, St John's Churches*

**You are welcome at**  
**JUNE 2023 Sunday Morning Services at Parish Churches**

<b>8.00 am</b> Holy Communion St Thomas' Milnthorpe 4th & 18th St Peter's Heversham 11th & 25th	<b>9.30 am</b> St Peter's Heversham 4th    Parish Communion 11th   Morning Praise 18th   Parish Communion 25th <b>11am</b> Friends of St Peter's SEE p10
<b>9.45 am</b> St John's Levens 4th    Parish Communion 11th   10.30am at Methodist Church 18th   Parish Communion 25th   Morning Praise	<b>11.15 am</b> St Thomas' Milnthorpe 4th    Morning Praise 11th   Parish Communion 18th   Morning Praise 25th   Parish Communion

The Revd Hannah Wallace will be ordained as Priest at  
a special Kent Estuary Mission Community joint service on  
**Sunday 2nd July at 10.30am at St James' Church, Arnside.**

To allow all the Kent Estuary Mission Community congregations to attend, this  
will take the place of many of the regular services in our churches that morning.



**CHILDREN'S SUNDAY SCHOOL**

during the 11.15 am service St Thomas' Church,  
Milnthorpe

All Welcome - come when you can



Children's corner can be used by younger children, or if there is no  
Sunday School during the morning service. For more info phone Margaret

**Christ the King RC Church**  
Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am  
Friday Mass now celebrated at 10 am

Find on You Tube channel and  
Facebook Group by searching:

**Kent Estuary Catholic Churches**

Fr Philip Smith 015395 32731

Email:

kentestuarycatholicchurches@gmail.com



**Kendal Methodist Circuit**

Revd Tiras Dainty-Share

01524 963716

Email: [tiras.ds@methodist.org.uk](mailto:tiras.ds@methodist.org.uk)

**Levens Methodist Church**

10.30am Services unless stated led by:

4th:    Revd John Morton

11th:   Revd Tiras Dainty Share -  
United Worship with St. John's

18th: Revd Les Hann - Worship with  
Holy Communion

25th: Mr Stephen Hitchcock

What's the latest?



[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)  
&

[www.stpetersheversham.org](http://www.stpetersheversham.org)

If you would like an email of the weekly notices please click on 'contact us'

[www.levens.org.uk](http://www.levens.org.uk) has local info and NEWS and a link to the same archive of Parish News through - in the village St John's page.

<https://www.levens.org.uk/st-johns-church>

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

[Milnthorpe What's Going On](#) page on Facebook to catch up with what is going on !  
And **KEY** weekly Youth Activities post on this page

[www.heversham.org](http://www.heversham.org) has local info and an archive of over 17 years of Parish News in A4 pdf version.

[Nextdoor.co.uk](http://Nextdoor.co.uk)

Local info, tips and ideas

## Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

Available round the clock,  
every single day  
[www.samaritans.org](http://www.samaritans.org)



To sign up to the weekly emailed notices for Parish Churches in [Heversham](#) and [Milnthorpe](#) please email 'contact us' via the websites.

For regular email updates for St John's Church [Levens](#) please email:  
[jill.butterworth54@btinternet.com](mailto:jill.butterworth54@btinternet.com)

**For a pastoral phone call**  
for yourself or for  
someone you know call:



[Heversham & Milnthorpe:](#)

Email via church websites  
'contact us' or phone

Linda Cooper      015395 63836

[Levens:](#)

Pam Martin      07840 671286

**Levens Good Neighbours** - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to **offer friendship**.

If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



**Can Levens Good Neighbours help with:**

A friendly phone call

Picking up shopping or library books  
or prescription    Posting mail, Simple  
handyperson job, Dog Walk,  
Transport to a local appointment

**Ring 07908 004672**  
**8am - 8pm any day**

Volunteers are covered by insurance & policies relating to safeguarding and good practice.



# *Parish News, part of the church in community*

is run by 3 Parish Churches

**of St Peter's Heversham, St John's Levens & St Thomas' Milnthorpe**

## **Volunteer Ed Team:**

Jane Cushnie, Jill Butterworth, John Thorley, Margaret Barrow, Wendy Dodds

**Distribution Team** of more than 60 volunteers across the three parishes

- thanks everyone!



**parishnews@heversham.org** Mrs Jane Cushnie Tel: 015395 **64582**

Levens News: jill.butterworth54@btinternet.com Mrs Jill Butterworth Tel: **61676**

**Priest-in-charge of Levens, Heversham & Milnthorpe**

**The Reverend Bryan Kerr** Email: rev@lhmparishes.co.uk Tel **015395 61448**

## Churchwardens

### **Levens: St John's**

Mr Hal Bagot 60588

Mrs Jill Butterworth  
61676

### **Heversham: St Peter's**

Mrs Jane Fell 63174

### **Milnthorpe: St Thomas'**

Dr Val Robson 62904

Mr John Ricketts  
01524 761076

## PCC Secretaries

Mrs Julie Marsh  
015395 83183

Mrs Lizzie Fawcett  
elizafawcett@icloud.com

Mrs Judy Rigg  
01524 761857

[www.kentestuarymissioncommunity.com](http://www.kentestuarymissioncommunity.com)

for information from churches in our Kent Estuary

## Useful Numbers for Room Hire:

Milnthorpe St Thomas' Church Centre

[www.stthomasmilnthorpe.org.uk](http://www.stthomasmilnthorpe.org.uk)

Milnthorpe Christ the King RC Church

Fr. Philip Smith 015395 32731

M:HUB, Beetham Road, Milnthorpe

Irene McKay - 07958605049

Leasgill Athenaeum [www.the-athenaeum.org.uk](http://www.the-athenaeum.org.uk) Clare Lewis 07876124236

Heversham Tristrans Pavilion / Playing Fields, Email: [sports@dallamschool.co.uk](mailto:sports@dallamschool.co.uk)

Heversham Bowling Clubhouse

Tom Grindey 07907 286836

Levens Village Hall

Helen & Alan Miller 015395 60334

Levens Methodist Hall

Jane Jones 07875 163418

Levens Pavilion

Stuart Duncan 07793 954970

**Next issue -  
JULY 2023  
print & online  
Please email info by 10th JUNE 2023**

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To the best knowledge of the Editorial Team all info is correct  
at time of going to press 17.05. 23

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Mary Davies  
**015395 64809**

**[www.oldebluebellcottages.com](http://www.oldebluebellcottages.com)**

**West View, Leasgill**  
**Cosy cottage sleeps 4**  
2 small dogs welcome  
**[www.sykescottages.co.uk](http://www.sykescottages.co.uk)**  
**/1097754**

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2<sup>nd</sup> June – **Meet local authors** – 4 local authors will talk about their books & what inspired them to write – 7.30pm – Tickets £3 (free to Heron Members)  
10<sup>th</sup> June – **Salsita – Latin Jazz** 7.30pm  
Local musicians with a passion for South American rhythmic styles  
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**Levens Arts Trail** will be 1st -2nd July run by Levens Arts

**Party in the Pasture at Hincaster**  
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Levens Big Weekend  
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