

REST & RESET

Christian meditation

A moment to press pause ||

📍 *St James Church Arnside*

6:15 - 7:00PM

JAN	MAR	MAY	JUL
TUES 6 TH	TUES 3 RD	TUES 5 TH	TUES 7 TH



Contact 📧 revhannahwallace@gmail.com ☎ 01524 449 035

REST & RESTORE

A time of prayer for healing & wholeness

📍 *St James Church Arnside*

6:15 - 7:00PM

FEB	APR	JUN
TUES 10 TH	TUES 14 TH	TUES 2 ND



2026 Dates

