Parish News Happy Easter APRIL 2025 A free copy for you

Levens, Heversham, Milnthorpe



Levens Methodist Church

COFFEE SHOP

Mon, Wed, Fri 2 - 4 pm Everyone Welcome

Mondays

Would you like a coffee & a chat? please join us.

You can also play dominoes, cards, Rummikub or do a jigsaw

Also bring your knitting, sewing or craft project and have a natter.

Wednesdays & Fridays

Coffee and Biscuits

Village Coffee Time Usually Third Tuesdays Tuesday 8th APRIL so second Tuesday April 10 - 11.30 am at the Old School, Heversham

*Everyone Welcome * *All Ages* Simply coffee & biscuits & chat No charge, just a donation A warm welcome - Do call in !



Happy Easter

Coffee @ St T's Milnthorpe Community Rooms

Every Friday 10 -11.30 am free WiFi &

contactless payment available

Meet & Eat 12-2pm at Levens Methodist Hall

Friday 25th April

Bacon & Egg Pie or Cheese & onion Pie Mushy Peas

Bread & Butter Pudding or Lemon Mousse

Tea/Coffee £5 Please add your name to the list at Coffee Shop or phone Susan Beckwith 0779 6561810

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ST PETER'S CHURCH LENT LUNCH ALL ARE WELCOME 12.30 - 2.00 pm <u>9th April</u> by Kind Invitation of Jane and David Fell **9 Haverwood** All donations to MAF



Milnthorpe Food bank Urgently needs more food. Please donate food if you can.

www.milnthorpefoodbank.org

Collection boxes in Spar and Churches in Milnthorpe and Heversham

There is a constant need of food & household items so please donate if you can, thank you

The Food Box in St John's Church Levens is open at most hours: for King's Food Bank, Kendal. a check list of items most wanted currently appears on their website - <u>https:// kingsfoodbank.org.uk/</u> All contributions are greatly valued

The Food Box in Levens Methodist Church is open when church building is open



Fridays, 7th, 14th, 21st and 28th March Fridays 4th and 11th April

Soup and a roll Cake or cheese and biscuits Gea and coffee £6.00

All proceeds to local Charity

Please support - if you can Milnthorpe Food Bank still urgently needs more food!

There will be a trolley for donations in St Thomas' Church Milnthorpe during Lent until Easter April 20th

A box also in Spar for donations



For more info on Dignity in Dementia April Activities, please contact Diane Smillie on 07771 682378

Enjoyable Dementia friendly <u>Walks</u> 10.30 am start. 9th Apr Conishead Priory, Ulverston LA12 9QQ 23rd Apr Cockshott Point, Windermere LA23 3HE



<u>Woodland fun</u> – 11am—noon engaging activities connected to nature. Monday 7th April - as school holidays, not at scout camp but at Cinderbarrow Picnic Area, Tarn Lane, Carnforth, LA5 9RX

<u>Social Table Tennis</u> – at Arnside Educational Institute, Church Hill, Arnside, 10.30am-noon., Wednesdays - 2nd, 16th & 30th April

Silverdale Songsters - Dementia Embracing <u>Community Singing Group</u> - Coffee on arrival and singing popular well known songs . Friday mornings 10.30 – 11.30 am at St John's Church Hall, Silverdale LA5 0RF

<u>Zoom Poetry Group</u> – Thursdays 1.30 – 2.30pm **3rd & 17th April** The group choose the theme and Dignity in Dementia search out poems which are emailed to group members. We then read them together.

Free Family Carer Dementia Course at Kendal Care Home, Burton Rd LA9 7RG Starting **Wednesday 9th April** between 1.30 – 3pm, & following Wednesday 16th same time. Contact Diane Smillie to book a place.

Community Come Dancing A project designed to bring older people together with Year 6 children from Arnside Primary School, to dance and have fun. Music will be from 1950s, 1960s and 1970s. Tuesday 29th April, 2 – 3 pm at WI Village Hall, Orchard Road, Arnside, LA5 ODP

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South Cumbria Bease phone our admin team on 01539 728118		
Gentle Exercise Classes – Milnthorpe	Every Tuesday 10.30 - 11.30 am Catholic Church Hall Haverflatts Lane, Milnthorpe LA7 7PS	
Gentle Exercise Classes – Levens	Every Wednesday 10.30 - 11.30 am Levens Methodist Church Lowgate, Levens LA8 8NL	
Levens Lunch Club The Gilpin Bridge, Levens LA8 8EP	Fourth Tuesday of the month 12.00 pm	
Beetham Lunch Club The Wheatsheaf at Beetham Milnthorpe LA7 7AL	Third Thursday of the month meet at 12.15 for 12.30 pm	

citizens advice South Lakes

I have heard something about RTS electricity meters being switched off and I am worried. The meter in my mother's house is very old and her bills have two different rates, peak and off-peak. What will happen to her electricity supply?

Radio Teleswitch (RTS) Meters

are energy meters that let electricity suppliers switch between different tariff rates, or directly control when heating and hot water comes on, using radio frequencies. Those frequencies are due to be switched off in 2025 and all RTS meters will need to be replaced. Energy suppliers will need to increase their rate of changing meters significantly to meet the deadline.

When the signal is turned off RTS meters will no longer receive messages. This could mean they switch rates at random times after a power cut, or cut off altogether, leaving your mother with no heat or hot water, or they may stay permanently on, leading to very high bills.

Encourage your mother to contact her supplier urgently. They will probably replace the old meter with a smart meter. This can copy the old tariffs, switching between different rates at different times of day, just as your mother's electricity does at the moment. Some RTS meters are in places where there's unreliable or no signal for smart meters to communicate. Suppliers have developed some technical fixes for this, like pre-

programming the meter, which should allow most RTS customers to keep an equivalent tariff to their current one. Your mother's electricity supplier can advise on the different options available.

If you are having problems with the supplier, or they ask your mother to pay for the change, contact South Lakes Citizens Advice for help.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

Call <u>015394 46464 (</u>9.30am – 2pm, Monday – Friday)

Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)

• Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday) email advice via the submission page on our website www.southlakescab.org.uk

Do you have a smart phone or tablet you need help with? *FREE ASSISTANCE AVAILABLE*

A volunteer attends Milnthorpe Library at 2.15 - 3.15 pm on the first Wednesday each month, 2nd April



The service is designed to help with basic instruction on how to use a smart phone effectively and can explain some of the functionality of the device to make it easier for you to understand. If you have been struggling with your phone, pop in to the library where more details can be found.



"Knit & Knatter" welcome you to join

Mondays 10am - noon in St Thomas' Church Community room, Milnthorpe

Pop in for a coffee , come and say hello whilst we knit or do craft.

All Welcome



Levens Líttle Larks

Come and join us for a sing-a-long together Tuesdays every fortnight at 10.30am Levens Methodist Church Hall -check updated poster in the hall-We welcome all parents, grandparents, carers and all pre-school children cuppa and chat afterwards £1.50 inc refreshments

Heversham Pop Up Pub News

Our monthly community pub at The Athenaeum, Leasgill Village Hall, held last orders on 1st March.

Thank you to all the local residents, visitors and volunteers who have supported the Pop Up on a regular basis over the last two and a half years, during which time friendships have been forged and vital funds raised for our community.

A huge thanks to the team behind this successful initiative. The local pub is now finally back in business since the re-opening of The Heversham Hotel and we wish the resident management team and staff there every success.

The Athenaeum continues to hold regular community entertainments and

the Pop Up Pub will be popping up with special events there during the year – watch this space!

Cheers everyone!



LEVENS WARBLERS

invite you to come and join us second & fourth MONDAY of the month between 10.30 am and 12 noon in Levens Methodist Church Hall Everyone is very welcome Singing for fun for those who enjoy listening or singing Non-singers are very welcome Please see the poster with dates in the hall J Happy Voices J Singing Group

meets every Monday at Christ the King Church Hall on Haverflatts Lane, Milnthorpe from 1.30pm – 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments Ring Lynne Gibbons 07814 709847 for further details



FOR GAMES, SPORTS, CRAFTS, COOKING AND CHAT TRY OUR YOUTH CLUBSI

TUESDAYS 4.30-6PM @LEVENS VILLAGE HALL YR 6+

WEDNESDAYS

3.30-5.30PM @MILNTHORPE CHRIST THE KING HALL IIYRS+

THURSDAYS

3.30-5.30PM @STORTH HERON HALL YR 6+

7-9PM @MILNTHORPE CHRIST THE KING HALL 17-19YRS

FRIDAYS

6-7.30PM @ARNSIDE EDUCATIONAL INSTITUTE 11-14YRS 7.45PM-9.30PM @ARNSIDE EDUCATIONAL INSTITUTE 14-16YRS

CONTACT EMMA 07960451542 OR CHARLOTTE 07907728806 WWW.THEKEYPROJECT.ORG.UK

Tuesday Club

8th April Visit to Cath's Garden Plants at Heaves Meet at Levens Village Hall at 2.00 pm for transport to Heaves for 2.15 pm start



Return to hall for tea/coffee and cakes from 3pm

Ladies of Levens 2025

Tuesday 25 March – Singalong with lan Penwarden Friday 25 April – Canalware Painting Sunday 25 May – Afternoon walk Wednesday 25 June – Something sporty & picnic Friday 25 July – TBC Thursday 25 September – Visit to Heron Corn Mill Saturday 25 October – Cocktail Night Tuesday 25 November – Paper Stars Craft Night Early December – Christmas meal TBC

We meet on the 25th of each month apart from August & December.

Annual subs are £25 [regardless of when you join] which includes a free drink at every meeting held in Levens Village Hall, plus a £10 contribution to the Christmas meal.

For more information, follow Ladies of Levens on Facebook or email: ladiesoflevens@gmail.com

HEVERSHAM



Next meeting: Wednesday 9th April Venue: Athenaeum, Leasgill Time: 7.30pm

Speaker: David Fairs 'You've not come here to enjoy yourself!' The astonishing story of the soldier who walked round the world. Competition: Military paraphernalia

Visitors are most welcome for a small charge of £3. You can have 3 visits before making a commitment to join. For further information, please contact Maggie Hart on Email:hevershamw.i.24@gmail.com

the HERON theatre

www.theherontheatre.com Box Office & Room Hire 015395 64283



April Friday 4th - Film - 7.30pm DRIVE MY CAR Sunday 6th - Classical - 2.30pm The Dunelm Duo

Friday 11th - Drama – 7.30 pm Howerd's End, exploring the comedy of Frankie Howerd

Tuesday 15th - Exhibition on Screen – Dawn of Impressionism: Paris 1874 – 2pm

Saturday 19th – Bluegrass -7.30 pm - Crazy Pony

Friday 25th – Drama – 7.30pm Havisham



01539 267220



Saturday 5th April 7 pm Community Rooms at St Thomas' All welcome for this brain teaser. Form a team with friends (max 4 per team) Bring Your Snacks £10 per team in aid of St Thomas Building Fund

All Welcome



Carl Orff:

Conducted by Geoffrey Field

Kendal South Choir Amabile Choirs FELLas men's choir

KENDAL PARISH CHURCH SATURDAY 10th MAY at 7pm

Celebrating the 450th Anniversary of the granting of the first Kendal Royal Charter

> Tickets £18 (under 18s free) via TicketSource or kendalsouthchoir.weebly.com



KENDAL TOWN COUNC

NSPCC

Easter Coffee Morning Saturday 12th April 10.30 - 12 noon

Levens Methodist Church £2 admission including refreshments, children go free + children`s colouring activity Cake stall, Raffle, Crafts, Easter cake and more



MILNTHORPE BOWLING CLUB Is a friendly and welcoming Crown Green Bowling Club situated off Beetham Road (between the two charity shops). It runs teams in four leagues offering competitive as well as social bowling. If you are interested in trying Crown Green Bowling or would like more



information please call Kath on 07415452637 or Mike on 015395 64235







A SHARED MOMENT OF CELEBRATION

"Ring & Sing" Join us for a VE Concert Tea Party with Heversham Handbell Ringers and Heversham Singers

> on Monday 5th May at 2pm in the Athenaeum, Leasgill Raffle Cash only

Please buy tickets in advance Tickets £12 includes refreshments. from: Hilary : 07729 305222 or Jean : 07368 800922 email: leasgillvillagehall@gmail.com

Find events all over the UK on website: https://ve80.com





Plant Sale at St John's Church at Lychgate on Church Road

starts April 16th continues as long as stock lasts Donations of plants or garden-related items are welcome anything remaining will join the wall by the bus stop





Milnthorpe and District Allotment Association Annual Plant Sale

Also Cakes, jams, chutneys and usually lots of allotment grown rhubarb !

> Saturday 9th May on Milnthorpe Green 9.30 –11.30 am



BYO bags and boxes to carry goods Levens Plant Sale and Coffee Morning Saturday 17th May Levens Village Hall, 10-12 organised by Arnside Guides

More details next issue



To view the Parish News online: stthomasmiInthorpe.org.uk/publications/

Next issue - MAY 2025 print & online Please email info by 10th APRIL

*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct at time of going to press 19.03.25

Note to Advertisers:

Invoices are posted out or hand delivered. Please note our invoices are posted mainly unless specifically email requested. We NEVER email out a form for you to pay via a website please be SPAM aware

If unsure phone 01539564582 inc code or email parishnews@heversham.org



HEVERSHAM PARISH COUNCIL www.hevershampc.org.uk

Annual Parish Meeting

To be held in accordance with the requirements of the Local Government Act 1972

Your chance to hear what the Parish Council, The Athenaeum and Westmorland and Furness Council have been doing in the last year and to share your views about what should be done in 2025

Thursday 24 April 2025 at 7:30pm in The Athenaeum, Leasgill (wine and nibbles from 7:10pm)

The agenda will include discussions on:

- the proposed 20mph speed limit in the village
- the playground,
- litter picking
- street lighting
- and a proposed resilience plan

All Welcome to the Meeting

Hincaster Annual Parish Meeting 7.00pm Wednesday 23rd April at The Athenaeum, Leasgill

Items for the agenda to: The Clerk, Adam Pickthall, adampickthall1@gmail.com The Chair, Alastair Bramwell, alastair@bramwell-int.com

> Thursday 19thJune -Hincaster Trailway AGM, 7pm Athenaeum, Leasgill

Hincaster's Party in the Pasture (aka The Belter in the Barn) Saturday 19th July 2025.

Electoral Roll 2025

All Church of England electoral rolls have to be fully renewed this year. Application forms are available in the 3 parish churches with details of where to return.

For St Thomas' please complete and return to Margaret Barrow (Electoral Roll Officer) by Good Friday 18th April. Margaret Barrow Tel: 0777 210 2339

St Thomas' Church Milnthorpe Annual Parochial Church Meeting will be held in church on Sunday 18th May following the morning service



MEN'S BREAKFAST 8.30 am Saturday 12th April (second Saturday) St Thomas' Community Rooms Milnthorpe



meetings are open to all. please come along: Mothers Union Milnthorpe with Heversham

at St Thomas' Church Community Room, Milnthorpe Wednesday 2nd April at 2pm

Speaker: Sue Park will be speaking about Blood Bikes.

Blood Bike volunteers help the NHS by carrying URGENT medical supplies, out of normal hours, on motorbikes, between hospitals and blood supply centres. Weather and availability permitting, one of

the riders will bring along a liveried bike.

Come and hear more - All are welcome







Dear Friends,

From the earliest days of the Christian church, the message has been consistent and based on history: Jesus was tried and executed under the Roman governor Pontius Pilate in



AD30 or thereabouts. He was killed and placed in a tomb which was empty three days later, after which his followers had many and varied encounters with the risen Christ. Those experiences went on for forty days but then stopped at the point they claimed he had returned to heaven. The body was never found, and the Christian movement began right away in Jerusalem – the preaching of the empty tomb was foundational from the start.

Something occurred that first Easter Sunday to change the disciples, utter nobodies and cowards, into world-changers. What was it? Millions have found the most credible explanation to be the Easter message: Jesus really did rise from the dead.

When sceptics cast doubt about the empty tomb of Jesus, it's not simply the historical sources that are questioned – did it actually happen? A modern doubting Thomas will perhaps question the possibility of life from the dead because at heart they doubt the existence of a God who is there, a God who can raise the dead.

Yet an atheist/sceptic already believes in 'miracles' where life comes from nonlife. Without God, here are four such miracles:

Miracle 1: Everything has come from nothing.

Miracle 2: Order has come from chaos.

Miracle 3: Life has sprung from non-life.

Miracle 4: Consciousness has emerged from mindless matter.

Each of these is a form of the Easter miracle: they all involve life-from-the-dead powers of almost infinite proportions.

The God of the Bible, the 'Easter God' makes sense of such miracles. Christians believe that Jesus came to life in that tomb in Jerusalem at one point in time, but atheists must believe that *all life in the universe* rose from a 'grave' of nothingness. Moreover, such miracles of 'resurrection' somehow happened without a Creator God to perform them.

When the risen Jesus confronted the original doubting Thomas that first Easter, he told him, 'Blessed are those who have not seen and yet have believed' (John chapter 20 verse 29). How can we believe in this Jesus without seeing him? Two verses later John writes: 'These things are written that you might believe.' In the Bible, we encounter the risen Christ. He impresses himself upon us, not as a dead teacher but as a living Lord. By the Spirit, he makes himself present to us with death-defying power.

Christ has died, Christ is risen, Christ will come again. A happy Easter to you.

Revd Bryan Kerr, Priest-in-Charge of St Thomas', St Peter's, St John's Churches

Christ the King RC Church Haverflatts Lane Milnthorpe

Sunday Mass celebrated at 10.30am From Palm Sunday onwards at 11am Friday Mass celebrated at 10 am

Find on YouTube channel and Facebook Group by searching:

Kent Estuary Catholic Churches

Fr Hugh Pollock 01539 720063

Monthly Afternoon Holy Communion

Not in Milnthorpe in April as the regular date is in Holy Week



Tuesday 29th April at 2.30pm (last Tuesday in the month) at St John's Church Levens

@ Four

A time of reflective worship with prayer, Scripture, music & space to recharge.

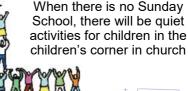
Faith

Levens Methodist Church Every Fourth Sunday 27th April

a) 4pr

CHILDREN'S SUNDAY SCHOOL St Thomas', Milnthorpe

meets during the 11.15am morning service April 13th and 27th





🔆 Kendal **Methodist** Circuit

RevdTiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk

Levens Methodist Church

Please note a change in worship pattern at Levens Methodist Church: Regular 10:30am services will be on the 1st, 2nd and 3rd Sundays. 4th Sundays, afternoon reflective service -Faith @ Four, 4pm

6th led by Rev'd Tiras Dainty - Share 13th Palm Sunday - United All-Age Worship - led by Irene McKay

20th - Easter Day - Morning Worship with Holy Communion led by Rev'd Jeff Thomas

27th at 4.00pm - Reflective Worship led by Rev'd Tiras Dainty - Share

Levens Methodist Church

now registered for the solemnization of marriages between a man & a woman and for the solemnization of marriages of same sex couples. Please contact : The Revd Tiras Dainty-Share tiras.ds@methodist.org.uk telephone: 01524 963716

April Sunday Morning Services at Parish Churches

8.00 am Holy Communion (BCP)	9.30 am St Peter's Heversham
St Thomas' Milnthorpe 6th & 20th April	6th Parish Communion 13th Morning Praise - Palm Sunday 20th Parish Communion - Easter
St Peter's Heversham 13th & 27th April	27th Morning Praise
9.45 am St John's Levens	11.15 am St Thomas' Milnthorpe
6th Parish Communion 13th at Levens Methodist Church 10.30	6th Morning Praise and Baptism 13th Parish Communion - Palm Sunday
20th Parish Communion - Easter 27th Morning Praise	20th Parish Communion - Easter 27th Parish Communion

Palm Sunday 13th April - services as above for Parish Churches

Holy Week Meditations

Monday 14th April	7.00 pm St Thomas' Church, Milnthorpe	
Tuesday 15th April	7.00 pm St John's Church, Levens	
Wednesday 16th April	7.00 pm St Peter's Church, Heversham	

Tuesday 15th April2.30 pm CTiL Communion Levens Methodist Church

Maundy Thursday 17th April 7.30 pm Holy Communion St Thomas' Milnthorpe

Good Friday 18th April 10.00 am Service on Milnthorpe Green 12.00 noon Activities for children at St John's Levens

Service of Meditation: 2.00 pm St John's Levens and 2.00 pm Heversham

Easter Eve Saturday 19th April 2-4 pm Easter Hunt Heversham - All Welcome See invitation overleaf

Easter Sunday 20th April 7.00 am Service at top of Heversham Head

9.30 am St Peter's Church, Heversham9.45 am St John's Church, Levens11.15 am St Thomas' Church, Milnthorpe





Christ the King Catholic Church, Milnthorpe Holy Week Services:

Palm Sunday13th April Good Friday 18th April Saturday19th April Mass 11.00am Service 3.00 pm Easter Vigil Mass 8.30 pm What's the latest?



www.stthomasmilnthorpe.org.uk &

www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News <u>https://</u> www.levens.org.uk/st-johns-church

@NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

Milnthorpe What's Going On

page on Facebook to catch up with what is going on ! And KEY weekly Youth Activities post on this page

www.heversham.org has local info and an archive of over 20 years of Parish News in A4 pdf version.

Nextdoor.co.uk Local info, tips and ideas

Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

> Available round the clock, every single day www.samaritans.org

To sign up to the weekly emailed notices for Parish Churches in Heversham and Milnthorpe please email

'contact us' via the websites.

For regular email updates for St John's Church Levens please email: jill.butterworth54@btinternet.com

For a pastoral phone call for yourself or for someone you know call:



Heversham & Milnthorpe:

Email via church websites 'contact us' or phone Linda Cooper 07794 599212

Levens: Linda Cooper 07794 599212

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship. If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



Can Levens Good Neighbours help with:

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment **Ring 07908 004672** 8am - 8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.



for information from churches in our Kent Estuary

Useful Numbers for Room Hire:

Milnthorpe St Thomas' Community Roomswww.stthomasmilnthorpe.org.ukMilnthorpe Christ the King RC Churchkendalcatholicchurch@gmail.comLeasgill Athenaeumwww.the-athenaeum.org.ukJean Metcalfe.07368 800922Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.ukHeversham Bowling ClubhouseVera Alderson 01539 897160Levens Village HallHelen & Alan Miller 015395 60334Levens Methodist HallJane Jones 07875 163418Levens PavilionAlice 07817 200053





PLUMTREE HALL Heversham Independent living for over 55's En-suite, two room Apartments	Abbeyfield Hartland House Residential Care Manager - Mrs Leanne Scrogham 015395 62251	Maths Tuition in Milnthorpe GCSE and A level Experienced tutor Contact Andrea King 07813 249 518
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for all	and Out of School Club your childcare needs or 50 weeks of the year.	pole townsend
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Easter Hunt

19 APRIL 2025ST. PETERS CHURCH2-4PMHEVERSHAM

Join uS for a easter hunt, games and refreshments



All ages welcome

