NOVEMBER 2024 A free copy for you

Parish News

# Levens, Heversham, Milnthorpe



### Levens Methodist Church

### **COFFEE SHOP**

Mon, Wed, Fri 2 - 4 pm Everyone Welcome

### Mondays

Would you like a coffee & a chat? please join us.

You can also play dominoes, cards, Rummikub or do a jigsaw

Also bring your knitting, sewing or craft project and have a natter.

### Wednesdays & Fridays

**Coffee and Biscuits** 

Village Coffee Time Third Tuesdays Tuesday 19th November 10 - 11.30 am at the Old School, Heversham

\*Everyone Welcome \* \*All Ages\* Simply coffee & biscuits & chat

A warm welcome - Do call in !



Food bank donations at harvest at St Thomas' Thank you for helping to fill the trolley at Harvest.

> Coffee @ St T's Milnthorpe Community Rooms

Every Friday 10 -11.30 am free WiFi & contactless payment available

Meet & Eat at Levens Methodist Hall

Friday 29th November 12 - 2 pm

Vegetable Bake or Mince and Dumplings with mash and peas

Jam Sponge & Custard or Lemon Mousse

### £5

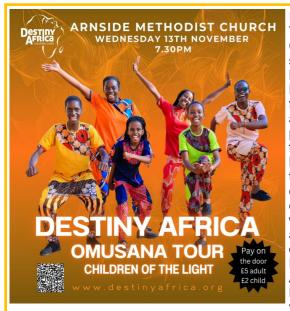
Please add your name to the list at Coffee Shop or phone Susan Beckwith 0779 6561810

Everyone Welcome Children under school age free

CONTRACTOR AND AND AND



KEEP A LOOK OUT FOR MORE INFORMATION COMING SOON ABOUT CREATIVE WORKSHOPS LEADING UP TO LIGHTFEST SEE OUR FACEBOOK PAGE WWW.FACEBOOK.COM/KENTESTUARYYOUTH OR CALL 07960451542





In 2003, Dr Andy Knox (from Ash Trees Surgery) visited Kampala Children's Centre (KCC), as part of his sabbatical, with his family, KCC has been described by the President of Uganda as the blueprint for how all orphanages should be run. across Africa. It's a truly remarkable place. As well as having developed a first-class school for the children of KCC and the surrounding area, through to 18, there is a medical centre which serves the wider community, where Andy did some work. The education provided is varied and includes some excellent opportunities in the creative arts. From this has been born 'Destiny Africa', a choir which has performed at Number 10, Downing Street, and for various other world leaders.

Destiny Africa are currently on tour of the UK and are coming to Arnside!

There will be an opportunity to learn more about the work of KCC and even think about child or house-parent sponsorship. The evening promises to be full of joy and truly wonderful performances. Come along and experience some Ugandan magic!

#### For more info on Activities, please contact Diane on 07771 682378 or Lesley on 07816 895021





FREE Zoom Family Carers Course - starts Wed 6<sup>th</sup> Nov between 4pm – 5 pm and the following 3 Wednesdays at the same time.

Enjoyable Dementia friendly Walks 10.30 am start. 7<sup>th</sup> Nov Up the Helm from the Station Inn at Oxenholme, LA9 7RF 21<sup>st</sup> Nov Bob in Café, New Barns Caravan Park, Arnside, LA5 0BN

Woodland fun - 11am-noon Being outside is good for us all. Come and join us for engaging activities connected to nature. Silverhelme Scout Activity Centre, The Row, Silverdale, LA5 0UG 4th & 18th Nov

Social Table Tennis - at Arnside Educational Institute, Church Hill, Arnside, 10.30am-noon., Wednesdays - 13<sup>th</sup> & 27<sup>th</sup> November

Dementia Embracing Community Singing Group Silverdale Songsters -Friday mornings between 10.30 – 11.30 am St John's Church Hall. Silverdale Coffee on arrival and singing popular well known songs.

Zoom Poetry Group - Thursdays 14th & 28th November 1.30 - 2.30pm The group choose the theme and Dignity in Dementia search out poems which are then emailed to group members. Then we read them together. www.dignityindementia.org



Heversham Parish Council have been informed by Dallam that there is extensive Ash Die Back on the old railway line alongside Tristrams Playing Field and felling will be required. This means that there will be periods when sections of the permissive footpath from Wilson's field to Tristrams have to be closed for safety reasons. The work is expected to begin in November.

The contractors will be working in phases, so any closure is not expected to be for long periods. When the section from the Woodhouse Lane Bridge to the stile into Tristrams has to be closed, Dallam has agreed to grant temporary access along the field side of the trees – but asks walkers to keep to the edge of the playing field and keep dogs under control.



**Be alert for scams - they are on the increase!** These are the top five to look out for:

1. Fake texts and emails, known as 'friend-in-need scams' - these are messages from unknown numbers claiming to be from your relatives/children, ask-

ing you for money. Be suspicious! It's okay to take your time. Try to contact them directly on a known number. Only consider the request if you're 100% sure it is genuine.

2. Home Improvement scams - if you're being pressured to pay upfront for work, or the company adds on additional costs before completing the work, it might be a scam. Research the company first, don't be rushed, and get a written agreement of the work before it starts. Pay by card, which gives you greater protection.

3. Online shopping scams - watch out for fake adverts. If it looks too good to be true, it may well be! Protect yourself by reading reviews from different websites, find the company's details on the Companies House website, check their terms and conditions, and pay by card.

4. Used car scams - when buying a car, avoid scammers by using an established firm with a good reputation. Check the car's history. Inspect the car and take a test drive. Avoid buying at auction or online – you have less protection.

5. Financial scams - if you're contacted for an investment opportunity unexpectedly online it could be a scam. Get advice from a trusted source and don't be rushed into making any quick decisions. Never give money, passwords or bank details to someone you don't know or have only met online.

For more help, visit <u>www.citizensadvice.org.uk</u> or contact South Lakes Citizens Advice.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems. How to access:

Call <u>015394 46464 (</u>9.30am – 2pm, Monday – Friday)

Drop in sessions at Wainwright's Yard, Kendal, LA9 4DP (10am – 1pm, Tuesday and Thursday)

Adviceline: 0808 2787 984 (9am - 5pm, Monday – Friday)

email advice via the submission page on our website www.southlakescab.org.uk

#### Milnthorpe Craft Group welcome you to join

Mondays at 10am - noon in St Thomas' Church Community room. Pop in for a coffee and come and say hello whilst we do craft. Perhaps you will see something you would like to craft.

All Welcome

Heversham Snooker Club on the lower ground floor of the Athenaeum, Leasgill, has re-opened following a major refurbishment of the clubroom, equipped with

a full-size Snooker table. Members can have a key to access the facility

7 days a week from 10am to 10pm.

New members welcome; for more information contact Club Secretary, John Smith 015395 63550 or e-mail johndouglassmith@btinternet.com



meets every Monday at Christ the King Church Hall on Haverflatts Lane, Milnthorpe from 1.30pm – 3.00pm Everyone welcome no experience necessary

£2 a session including refreshments Ring Lynne Gibbons 07814 709847 for further details

### Levens Little Larks

Come and join us for a sing-a-long together Tuesdays every fortnight at 10.30am Levens Methodist Church Hall -check updated poster in the hall-We welcome all parents, grandparents, carers and all pre-school children cuppa and chat afterwards £1.50 inc refreshments



LEVENS WARBLERS SINGING GROUP invite you to join on second & fourth MONDAY of the month 10.30 am to 12 noon Levens Methodist Church Hall For Singers and non-singers cost £2.00 including refreshments Please do come along and sample what is on offer: friendship/singing popular songs/listening/tea/coffee



### St Thomas' Church Milnthorpe

### Let's brighten your day with our *Companionship Cake!*

Getting older can sometimes make us feel a bit isolated, but here's the good news you're not alone!

Come and mingle over a FREE hot drink and scone with jam and cream!

We can chat, lend an ear and provide valuable insight on local activities and support groups.



No need to book but if you would like more information please call **01539 267220** 



### HEVERSHAM BADMINTON CLUB

Dallam School Sports Hall. Monday Evenings

Juniors 6pm - 7pm Racquets, shuttles and guidance provided Seniors 7pm - 9pm

New members always welcome. First night free.

Phone Wendy 07901 379 005 wendycritchley27@gmail.com

#### The next dates are:

- Wednesday 31st JulyWednesday 11th
- September Wednesday 23rd
- October • Wednesday 11th
- December (Christmas Themed)

From 1.30-3pm



### **Indoor Bowling**

at the Athenaeum, Leasgill Monday afternoons at 2pm to 4pm Friday evenings from 7pm to 9pm.

September to end of March.

New members are most welcome. small charge to cover room rent and tea, coffee and biscuits.

Line Dancing Class restarting with Sue Preston Patrick Hall, Crooklands Wednesdays 2.30 - 4.30 pm £4 pay on the door

You're very welcome



### QUEST

A friendly group, meeting at the Athenaeum , Leasgill, LA7 7ET

Second and fourth Thursdays of month starting at 10am. September to March Annual subscription 12 meetings £18. Guest tickets for a meetings £2.50. Tea/coffee included. No need to pre-book.

> 14th Nov -: Norman Harris -USA Coast to Coast by Harley Davidson

28th Nov - Taffy Thomas, Storyteller Laureate - Legends of the North

Enquiries to Adrian Tayler: aptayler@gmail.com 01539 564030



Saturday 2nd Nov 7 pm in the NEW Community Rooms All welcome for this brain teaser. Form a team with friends (max 4 per team) Bring Your Snacks £10 per team in aid of St Thomas Building Fund



All Welcome

### To view the Parish News online: stthomasmiInthorpe.org.uk/ publications/

### Next issue - DEC 24/JAN 25 print & online Please email info by 10th NOV

\*Whilst the Church is most grateful for the support of magazine advertisers no automatic endorsement of products or services can be assumed.

To the best knowledge of the Editorial Team all info is correct at time of going to press 18.10.24

### Note to Advertisers:

Invoices will be posted out or hand delivered. Please note our invoices are posted mainly unless specifically email requested. We do not email out a form for you to pay online please be SPAM aware

If unsure phone 01539564582 include code or email me at parishnews@heversham.org



### My Time in Antarctica

### A Talk by Simon Almond

Saturday 9th November at 7pm Athenaeum, Leasgill

Raffle and Cash Bar

Tickets £10 to include your 1<sup>st</sup> drink available from

Pam Forrester: 07751 627246 Jean Metcalfe: 0736 880092 Event presented by Athenaeum Mgt Cmte

### Short Mat Bowling at Brigsteer Village Hall



You are welcome to join this friendly group on Monday evenings 7.30 pm No experience required. £2.50 including refreshments. There are 2 full sized mats top class Taylor bowls and all kit Turn up or contact Peter at Misterpjensen@gmail.com



Bridge Afternoons in the Clubhouse Every Thursday afternoon from 2pm We play 'Chicago' -no partner necessary £2.00 including refreshments More information from John Smith: 015395 63550

Everyone welcome

# 

the Macmillan Coffee Morning held recently raised the fantastic amount of £560!! Thank you to everyone who supported us.

**Next meeting:** Wed Nov 13th This is a **Members' Night** when Colin James will be bringing his vast collection of board games to entertain us!

**Competition**: none this month **Venue**: Athenaeum, Leasgill **Time**: 7.30pm

If you are interested in joining the W I, please contact Maggie Hart on hevershamw.i.24@gmail.com you will be made very welcome!



Games Afternoons Every Tuesday in the Clubhouse 2 – 4 pm £2 inc refreshments Looking for an opponent to play games with and to keep yourself mentally active during the winter months? Then join us to play board games, dice games, word games, strategy games, paper & pencil games, card games & dexterity games.

Offering weekly - a new variety of games to play, some well-known, others which may be new to you.





SUNDAY 24TH NOVEMBER 10-4

#### JUNCTION 36 AUCTION MART, CROOKLANDS



SHOP SMAII

### the HERON theatre



www.theherontheatre.com Box Office & Room Hire 015395 64283

1<sup>st</sup> Nov - Film – Poor Things – with Emma Stone, Mark Ruffalo & Willem Dafoe

3<sup>rd</sup> Nov - **Eden Baroque** – Katherine May (harpsicord) & Michael Sanderson (baritone, baroque violin and viola)

8<sup>th</sup> Nov - Coward at Sea with Michael Lunts –Nautical musical featuring Noel Coward's 'P&O 1930' lyrical genius and light verse.

12<sup>th</sup> Nov - Exhibition on Screen – Van Gough Poets & Lovers

from the new National Gallery exhibition

16<sup>th</sup> Nov - The Jiannis Pavlidis Trio – Jazz



### Memories made with Winter at Sizergh

22 November – 24 December, 12–8pm

There's winter wonder for the whole family at Sizergh this year. Follow an enchanting woodland light trail, discover a story of Christmas past in the House, and enjoy festive crafts in the Great Barn. Tickets start from £3 for National Trust members.

### www.nationaltrust.org.uk/ winter-at-sizergh

© National Trust 2024 • Registered Charity No. 205846.



Tickets: Adult £12 Child £6 07305 658648 book online www.highlightsnorth.co.uk ST JOHN'S CHRISTMAS FAIR Saturday 30th November Levens Village Hall 10- noon

Christmas crafts / cakes / baking /games gífts / raffle mínce píes & coffee £2 entry fee



NSPCC for Children for Christmas

Christmas Fair Saturday 16th November Methodist Church Levens 10.30am to 12 noon £2 entrance including refreshments children free {hot chocolate available} Handmade soap, Christmas cards and cake stall crafts win a Christmas cake Raffle and more Free children's colouring activity



Like to take a stall for £15 for the day? interested - please email: hello@stthomasmilnthorpe.org.uk

Milnthorpe Green Lights Switch On 6pm Last Friday in November, Refreshments earlier. See Milnthorpe Facebook



MU meetings are open to all. If you would like to, please come along. Mothers Union

#### Milnthorpe with Heversham MU



Wednesday 6th Nov at 2pm St Thomas' Community Room, Milnthorpe

We shall be tasting 'Own Brand' and 'Branded' foods to see if we can tell the difference! Tasting will be followed by 'Home-made' scones and jam.

#### Global 16 Days of Activism Against Gender Based Violence

25th Nov to 10th Dec MU campaigns around the world, through 4



million members in 83 countries. MU will join with over 6,000 organisations from over 185 countries to raise awareness of and call for an end to gender-based violence and abuse in all forms and in all societies. Please pray for the Campaign

### DISCOVER METHODISM

Learn ~ Grow ~ Belong

Curious about Methodism? Considering becoming a member? Or simply want to deepen your understanding?

3 sessions exploring the history of Methodism, and what it means to be a member.

Open to everyone bring your questions and curiosity!





## Grief Share

### **Bereavement Support Group**

Have you been bereaved? Grief is often a painful and emotional journey with many challenges.

GriefShare is a support group offering ongoing help, comfort and encouragement through videos, discussion and workbook. You will find practical help in the videos for the way ahead, reassurance from others in the group and further help in the workbook. Meeting weekly on Wednesdays starts October 30th until February 12th. 2pm - 3.30pm, at CFM Community Centre, 101 Kellet Rd, Carnforth LA5 9LR (next to the High School) See more details on the GriefShare website: https://www.griefshare.org You can register for the group on the website, type Carnforth in the find a group search box, or

contact <u>carnforthgriefshare@gmail.com</u> or ring Elspeth: 01524 702966 Email: rev@lhmparishes.co.uk

Tel 015395 61448

etter from The Revd. Joan Kerr

Dear Friends,

On the second Sunday in November we turn in heart and mind to think of those who paid the supreme sacrifice for our nation over the past 110 years. One phrase often associated with Remembrance Sunday is the poignant 'Lest We Forget'.

I had assumed that this line came from one of the War Poets, or at least had been written during the First World War. But no, it comes from Rudyard Kipling's famous poem 'Recessional'. This ode wasn't written in wartime but in 1897. It was originally published in the Times newspaper for Queen Victoria's Diamond Jubilee. The British Empire was then at its peak and the Jubilee was seen as a full celebration of Britain's place in the world.

The text of 'Recessional' may be read at

https://www.poetryfoundation.org/poems/46780/recessional Kipling's prayer-poem is a word to that generation and to ours. Rather than a call to remember the fallen, the plea 'Lest We Forget' is a warning not to forget God.

It urges people not to dishonour God who has given so generously with our foolish boasting- "If, drunk with sight of power, we loose/ Wild tongues that have not Thee in awe".

It reminds them of the need for the right attitude to God, the ancient sacrifice of "an humble and a contrite heart."

It warns that God had brought down other great empires, asking if our nation shall go the same way? "Lo, all our pomp of yesterday/Is one with Nineveh and Tyre!"

As such it has an important message for us today. As we rightly remember the many who have died in the service of our nation, we must not think of ourselves more highly than we ought. We should remember the one who really has given us good things and brought us safely to the beginning of each day. Lest we forget God, and having forgotten, we go the way of other great nations and peoples.

Judge of the Nations, spare us yet, Lest we forget, lest we forget!

Every Blessing, Revd Bryan Kerr Priest-in-Charge of St Thomas', St Peter's, St John's Churches



Christ the King RC Church Haverflatts Lane Milnthorpe Sunday Mass celebrated at 10.30am Friday Mass celebrated at 10 am Find on You Tube channel and Facebook Group by searching: <b>Kent Estuary Catholic Churches</b> Fr Philip Smith 015395 32731 Email: kentestuarycatholicchurches@gmail.com	Kendal <b>Methodist</b> Circuit Revd Tiras Dainty-Share 01524 963716 Email: tiras.ds@methodist.org.uk Levens Methodist Church 10.30am Services unless stated led by: 3rd Revd Richard Bielby 10 <sup>th</sup> Remembrance Sunday United Service at St John's 10am 17 <sup>th</sup> David Piggott 24 <sup>th</sup> Sacrament Service led by Revd Tiras Dainty- Share
Advent Service Sunday Ist December at Christ the King Catholic Church, Milnthorpe at 4.00 pm, followed by refreshments in the church hall. You are all most welcome	St Peter's Church The work for the new entrance and disabled toilets will be starting on Monday Nov 4th. The main entrance will be inaccessible as will the toilet while the work is being carried out. Entry into the church will be by the side door which is not suitable for anyone who is a wheelchair user. Jane Fell, Churchwarden
CHILDREN'S SUNDAY SCHOOL Milnthorpe meets during the 11.15am morning service with a fortnightly pattern: 10th Nov (starts 10.55 am), 24th November etc When there is no Sunday School, there will be quiet activities for children in the children's corner in church.	Monthly Afternoon Holy Communion Thursday 21st November 2.00 pm at St Thomas' Church, Milnthorpe (Book of Common Prayer) (Book of Common Prayer) Tuesday 26th November at 2.30pm (last Tuesday in the month) at St John's Church Levens

#### KE MC Ket Shary Nave Contentity

# You are welcome at November Sunday Morning Services at Parish Churches -

8.00 am Holy Communion (BCP)	9.30 am St Peter's Heversham	
St Thomas' Milnthorpe 3rd and 17th November St Peter's Heversham 10th and 24th November	<ul> <li>3rd Parish Communion</li> <li>10th Remembrance Service 10am</li> <li>17th Parish Communion</li> <li>24th Morning Praise</li> <li>1st Dec Parish Communion</li> </ul>	
9.45 am St John's Levens	11.15 am St Thomas' Milnthorpe	
<ul> <li>3rd Parish Communion</li> <li>10th Remembrance Service 10am</li> <li>17th Parish Communion</li> <li>24th Morning Praise</li> </ul>	<ul> <li>3rd Morning Praise</li> <li>10th Remembrance Service 10.55 am</li> <li>17th Morning Praise</li> <li>24th Parish Communion</li> </ul>	
1st Dec Parish Communion	1st Dec Morning Praise	
Allsaintstide Service on Sunday 3rd November at 3.30 pm at St John's Church, Levens to remember loved ones. If you cannot come but would like to have names close to you remembered in the service please contact the Revd Bryan or Jill. If you know of anyone you think would wish to come but may not hear about the service, could you tell them? Or contact Jill with their contact? This is in addition to the morning service that day. Jill 015395 61676 jill.butterworth54@btinternet.com	Milnthorpe Food bank - www.milnthorpefoodbank.org Collection boxes in Spar and Churches in Milnthorpe and Heversham There is a constant need of food & household items so please donate if you can, thank you The Food Box in St John's Church Levens is open at most hours: for King's Food Bank, Kendal. a check list of items most wanted currently appears on their website - https://kingsfoodbank.org.uk/ All contributions are greatly valued The Food Box in Levens Methodist Church is open when the church building is open	

What's the latest?



www.stthomasmilnthorpe.org.uk &

#### www.stpetersheversham.org

If you would like an email of the weekly notices please click on 'contact us'

www.levens.org.uk has local info and NEWS and a link to the same archive of Parish News <u>https://</u> www.levens.org.uk/st-johns-church

### @NEWparishnews

Facebook page. Items posted are forwarded to Milnthorpe What's Going On page too.

### Milnthorpe What's Going On

page on Facebook to catch up with what is going on ! And KEY weekly Youth Activities post on this page

www.heversham.org has local info and an archive of over 17 years of Parish News in A4 pdf version.

Nextdoor.co.uk Local info, tips and ideas

### Samaritans'

Free helpline number is **116 123**. Calls to this number do not appear on phone bills. This number is free to call from both landlines & mobiles, including pay-as-you-go mobiles. You don't need to have any credit or call allowance plan to call 116 123.

> Available round the clock, every single day www.samaritans.org

To sign up to the weekly emailed notices for Parish Churches in Heversham and Milnthorpe please email

'contact us' via the websites.

For regular email updates for St John's Church Levens please email: jill.butterworth54@btinternet.com

For a pastoral phone call for yourself or for someone you know call:



#### Heversham & Milnthorpe:

Email via church websites 'contact us' or phone Linda Cooper 07794 599212

Levens: Linda Cooper 07794 599212

Levens Good Neighbours - You may find it good to know that the support offered by Levens Good Neighbours includes matching with someone to offer friendship. If you call 07908 004672 any day between 8am and 8pm, this support can be arranged with you



#### Can Levens Good Neighbours help with:

A friendly phone call Picking up shopping or library books or prescription Posting mail, Simple handyperson job, Dog Walk, Transport to a local appointment **Ring 07908 004672** 8am - 8pm any day

Volunteers are covered by insurance & policies relating to safeguarding and good practice.



### Useful Numbers for Room Hire:

Milnthorpe St Thomas' Community Roomswww.stthomasmilnthorpe.org.ukMilnthorpe Christ the King RC ChurchFr. Philip Smith 015395 32731Leasgill Athenaeum www.the-athenaeum.org.uk Jean Metcalfe. 07368 800922Heversham Tristrams Pavilion / Playing Fields, Email: sports@dallamschool.co.ukHeversham Bowling ClubhouseVera Alderson 01539 897160Levens Village HallHelen & Alan Miller 015395 60334Levens Methodist HallJane Jones 07875 163418Levens PavilionAlice 07817 200053

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CALL & COLLECT 01524 812476 www.logsdirect.co.uk	DCA FIREWOOD Kiln Dried Logs Ready To Burn Call or Text 07919892703 www.dcafirewood.co.uk	Andrew Backhouse Chimney Sweep Ltd est 1992 Trading Standards Approved All types of chimneys and flues swept Public liability insured 015394 45117 07763 145594



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Philip Hartley Registered Osteopath Milnthorpe & District Osteopathic Clinic 015395 65777	Park View Surgery Haverflatts Lane Milnthorpe LA7 7PS 21 New St, Carnforth LA5 9BX	Feet First Mobile Footcare Covering all Your foot care needs Nail cutting Hard skin removal Ingrowing toenails Corn removal Julie Harwood MCFH 07813 969006 over 20 years experience
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O15395 52548 Providing outstanding homecare since 2011 We can help with personal care, meal preparation, shopping, companionship & domestic help. Covering South Lakes inc. Levens, Milnthorpe, Sedgwick, Heversham & surrounding villages Www.heydayscare.co.uk	JONATHAN DEEGAN OPTHALMIC OPTICIAN BSC(HONS) MC OPTOM OPTICAL HEALTH AT HOME NHS Eye examinations for people who are housebound M. 07788 730 422 jondeegan@aol.com	Westmorland Homecare JOLIN OUR TEAM! Weare looking for outstanding cares Starting salaries Homecare Assistants £15 - £17 per hour Homecare Assistants £15 - £17 per hour Use the salaries Homecare Assistants £15 - £17 per hour Outpaced hours, regular clents, paid travel time, perol expenses and a great rewards package No experience required as full training given For more information contact our Recruitment Team on 01539 725107 or visit our website www.westmorlandhomecare.co.uk

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### Remembrance Sunday 10th November 2024

- 10 am Levens Village at St John's Church
- 11 am Village Act of Remembrance at Levens Memorial Cross in Churchyard
- 10 am Heversham St Peter's Church
- 11 am Village Act of Remembrance at Heversham Memorial Cross in Churchyard
- 11 am Milnthorpe St Thomas'- please be seated by 10.55am

### **Milnthorpe Remembers:**

- 2.40 pm Assemble at the Market Cross
- 2.50 pm March to the War Memorial
- 3.00 pm Service of Remembrance on Milnthorpe Green